



Swimming Programs

Newmarket

**Town of Newmarket Special
Needs – Kid's Fit & Swim**

Children will enjoy 45 minutes of exciting games and activities that focus on social skills, taking turns, making friends and having fun! They will then head to the pool and swim for 1 hour with their new friends and inclusion facilitators. Staff ratio will be 1:2.

Ages: 6-12 yrs

All Abilities

905-953-5300 x 2710

Magna Centre

Pat McIntosh – pmcintosh@newmarket.ca

<https://www.newmarket.ca/ThingsToDo/Pages/Recreation>

**Town of Newmarket Special
Needs – Teen's Fit & Swim**

Teens will participate in a 45-minute land fitness class, followed by 1 hour of swim time that will include Swim to Survive instruction, water games and more. Please bring a snack for the social time following the swim. Staff ratio will be 1:5

Ages: 13-21 yrs

All Abilities

905-953-5300 x 2710

Magna Centre

Pat McIntosh – pmcintosh@newmarket.ca

<https://www.newmarket.ca/ThingsToDo/Pages/Recreation>

**Special Olympics:
Newmarket Crest Club
Swimming**

Ages:

Intellectual
Disability

<http://newmarket.specialolympicsontario.ca/home/sports>

newmarket.swim@specialolympicsontario.ca

<http://newmarket.specialolympicsontario.ca/home/sports>



Aurora

**Special Olympics:
Swimming Learn to
Compete**

Ages: 8+ yrs

Intellectual
Disability

Stronach Aurora Recreation
Complex - 1400 Wellington St.
E

aurora.swim.club.manager@specialolympicsontario.ca

<http://aurora.specialolympicsontario.ca/sports-programs/basketball>

**Special Olympics:
Swimming Competitive**

Ages: 8+ yrs

Intellectual
Disability

Stronach Aurora Recreation
Complex - 1400 Wellington St.
E

aurora.swim.club.manager@specialolympicsontario.ca

<http://aurora.specialolympicsontario.ca/sports-programs/basketball>