



Social Skills and Youth Programs

Vaughan

**City of Vaughan Special
Needs: Circle of Friends –
Social Skills**

*Learn social skills with sensory
equipment*

Ages: 6-10 yrs

*Must be able to
participate
independently in
a group setting*

905-832-2377 x 7405

Maple CC

Inclusion and Community Services Specialist
specialneeds@vaughan.ca

<https://www.vaughan.ca/services/recreation/registration/Pages/default.aspx>

**City of Vaughan Special
Needs: Connect**

*Focus on Community
Awareness and social
Interactions*

Ages: 10+ yrs

*Must be able to
participate
independently in
a group setting*

905-832-2377 x 7405

Maple CC

Inclusion and Community Services Specialist
specialneeds@vaughan.ca

<https://www.vaughan.ca/services/recreation/registration/Pages/default.aspx>

**City of Vaughan Special
Needs: Vaughan Enriched
Day Program**

*Day program with various
activities and life skills*

Ages: 18+ yrs

*Must be able to
participate
independently in
a group setting*

905-832-2377 x 7405

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specialneeds@vaughan.ca

<https://www.vaughan.ca/services/recreation/registration/Pages/default.aspx>



Children's Treatment Network

**Blue Veil (formerly the Sara
Elizabeth Centre) –
Saturday Social**

*Saturday morning social group
and arts -based activities*

Ages: 13+ yrs

*Developmental/
Physical Disability*

416- 747-9796

7412 Kipling Avenue

blueveil@rogers.com

<http://blueveil.org/our-programs/>



Richmond Hill

City of Richmond Hill: Let's Connect

Connect with friends in a variety of activities to develop interactions skills, turn-taking, goal setting and peer-entry skills

Ages: 6-12 yrs

Must be able to participate in a group 1:3 ratio

905-884-0855 x 223

Richvale CC

Inclusion Services Coordinator

<https://www.richmondhill.ca/en/things-to-do/Inclusion-Services.aspx>

City of Richmond Hill: Let's Connect Teen Program

Connect with friends in a variety of activities to develop interactions skills, turn-taking, goal setting and peer-entry skills

Ages: 13-18 yrs

Must be able to participate in a group 1:3 ratio

905-884-0855 x 223

Richvale CC

Inclusion Services Coordinator

<https://www.richmondhill.ca/en/things-to-do/Inclusion-Services.aspx>

CDG Centre: Friendship Club

Younger kids are taught how to play and communicate with peers while the older group is taught to engage in meaningful and age appropriate social dialogue with peers. Continuous participation in the friendship club will help participants develop real, lasting friendships. An example of skills taught include, conversational skills, interactive play/dialogue and emotional regulation

Ages: 2-13 yrs

Must be able to participate in a group 1:3 ratio

905-237-6717

9875 Leslie St. Richmond Hill

admin@cdgcentre.com

<http://www.cdgcentre.com/programs/friendship-club/>



**Down Syndrome
Association of York Region:
Chatterboxes**

Chatterboxes is a group of that provides an interactive and social environment that will allow your child to develop school appropriate Speech skills as well as necessary fine motor & Gross motor skills. The goal is for children to learn to interact more with their peers, in an appropriate manner. It is run by a registered Speech Language Pathologist and registered Occupational Therapist. There will be 6 children in the group. The subject matter of the sessions will focus on school related themes as well as familiar daily situations. Parents are required to remain at the center while their child is in the program. It is a great opportunity to network with other parents and share information.

Ages: SK-Gr.3

*Down Syndrome -
must have
membership with
DSAYR*

416-410-DOWN

Ontario Early Years Center -
Oak Ridges

Anna Francescangeli - dsayr@rogers.com

<https://www.dsayr.ca/programs>

Stouffville

**Down Syndrome
Association of York Region:
Parent & Tots Get
Togethers**

This is an informal gathering where parents of newborn and young children with Down syndrome come together to talk about matters of interest. The children play, while the parents talk and discuss a variety of issues.

Ages: For Parents

*Down Syndrome -
must have
membership with
DSAYR*

416-410-DOWN

Springvale Church, Stouffville

dsayr@rogers.com

<https://www.dsayr.ca/programs>



Newmarket

Town of Newmarket Special Needs: Social Active Club *Come out to be active, meet friends and enjoy a varied program. This program is a great extension to the morning Adult Body Fit & More program.* *Ages: 18+ yrs* *All Abilities*

905-953-5300 x 2710

Magna Centre

Pat McIntosh – pmcintosh@newmarket.ca

<https://www.newmarket.ca/ThingsToDo/Pages/Recreation%20and%20Culture/Inclusion.aspx>

Town of Newmarket Special Needs: Teen Social Club *Come out to participate in a variety of teen social activities including art, music, leisure games and meet new friends. This program is specifically designed for individuals who have special needs and facilitated by trained support staff. Three field trips will be planned.* *Ages: 12-23 yrs* *All Abilities*

905-953-5300 x 2710

Recreation Youth Centre & Sk8 Park

Pat McIntosh – pmcintosh@newmarket.ca

<https://www.newmarket.ca/ThingsToDo/Pages/Recreation%20and%20Culture/Inclusion.aspx>



**Town of Newmarket Special
Needs: The Base Day
Program**

This program for adults with developmental disabilities or mental health needs will include a wide variety of recreation and culture programming. Each day will include fitness, lifestyle skill development, literacy, crafts and games. Guest visitors, themes and outings will be scheduled monthly. Fee (\$53.32 /day) is based on a 1:5 ratio. A 10 per cent discount on five day per week registration available. Please inquire about additional individual support required. Extended day hours are available.

Ages: 18+ yrs

*Developmental;
Mental Illness*

905-953-5300 x 2710

Magna Centre

Pat McIntosh – pmcintosh@newmarket.ca

<https://www.newmarket.ca/ThingsToDo/Pages/Recreation%20and%20Culture/Inclusion.aspx>

**Town of Newmarket Special
Needs: The Base Jr. Camp**

Participants will enjoy a busy day of activities including a mix of recreation fitness, skill development, crafts and games. Participants should dress in active wear clothing, bringing a swim-suit & towel, indoor shoes, nut free lunch and snacks. Completion of All About Me Package is required. Ratio is 1:5. If additional support is required, please inquire.

Ages: 13-20 yrs

*Developmental;
Mental Illness*

905-953-5300 x 2710

Ray Twinney Recreation Centre

Pat McIntosh – pmcintosh@newmarket.ca

<https://www.newmarket.ca/ThingsToDo/Pages/Recreation%20and%20Culture/Inclusion.aspx>



**Town of Newmarket Special
Needs: Saturday Creative
Play**

This is an interactive social program for children with special needs. Positive social interaction is promoted through sharing in group activities, playing sports and games, creating with arts & crafts and building materials such as Lego

Ages: 5-12 yrs

All Abilities

905-953-5300 x 2710

Recreation Youth Centre & Sk8
Park

Pat McIntosh – pmcintosh@newmarket.ca

<https://www.newmarket.ca/ThingsToDo/Pages/Recreation%20and%20Culture/Inclusion.aspx>

**Down Syndrome
Association of York Region:
Best Buddies Bowling – 5
Pin Bowling**

A fun, social group that gets together to bowl and have fun throughout the year. We are very interested in growing the group and making new friends. Come on a try it out. Call Jutta Johnson for information.

Ages: SK-Gr. 3

Down Syndrome -
must have
membership with
DSAYR

905-717-6905

Stellar Lanes Newmarket

Jutta Johnson - juttajohnson@rogers.com

<https://www.dsayr.ca/programs>



Various Locations: York Region

RecRespite – Super You

Self-esteem, independence, and empathy will be fostered through the creation of your own social story and comic book. Your social story can be used as reminders for future events that require self-regulation and coping strategies. Learning the basics of literature and story telling will highlight how you use your power to help others in a creative way.

All Ages

All Abilities

905-813-0336

Various

info@recrespite.com

<https://recrespite.com>

RecRespite – Making Choices

As a team we will critically think about decisions that can be made in difficult situations by empathetically putting ourselves in the shoes of others. We will use team-building activities to promote an anti-bullying perspective of ways in which we can express our feelings, cope with a difficult situation, and self-regulate in a healthy way

All Ages

All Abilities

905-813-0336

Various

info@recrespite.com

<https://recrespite.com>



Barrie

City of Barrie – Social Corner

In this fun and supported environment, children of all abilities will work on social and communication skill building. While connecting with new friends, this program will focus on the practice of turn taking and sharing, social interaction with peers, and following simple group instruction. Preschool aged children will participate in a variety of engaging games, arts and crafts, and other fine and gross motor skill activities. A 1:2 staff to participant ratio will be provided.

Ages: 4-6 yrs

All Abilities

705-739-4220 x 5789

Lampman Lane CC

Recreation Programmer - Inclusion Services

<https://www.barrie.ca/Living/RecreationPrograms/Pages/default.aspx>

Elmvale

Down Syndrome Association of Simcoe County: Bowling Buddies

The DSASC sponsors a bowling league at the bowling alley in Elmvale! This league meets every Saturday morning to bowl, beginning September

Ages: All Ages

*Down Syndrome -
must have
membership with
DSASC*

Elmvale Bowling Lanes

admin@dsasc.ca

<https://www.dsasc.ca/programs.html>



Various Locations: Simcoe County

RecRespite – Super You

Self-esteem, independence, and empathy will be fostered through the creation of your own social story and comic book. Your social story can be used as reminders for future events that require self-regulation and coping strategies. Learning the basics of literature and story telling will highlight how you use your power to help others in a creative way.

All Ages

All Abilities

905-813-0336

<https://recrespite.com>

Various

info@recrespite.com

RecRespite – Making Choices

As a team we will critically think about decisions that can be made in difficult situations by empathetically putting ourselves in the shoes of others. We will use team-building activities to promote an anti-bullying perspective of ways in which we can express our feelings, cope with a difficult situation, and self-regulate in a healthy way

All Ages

All Abilities

905-813-0336

<https://recrespite.com>

Various

info@recrespite.com