



## Sailing Programs

### Toronto

**Disabled Sailing Association of Ontario**    *Recreational Sailing, Learn to Sail, Racing using adapted sail boats*    *Ages: All Ages*    *All Abilities*

416-214-0358

Queens Quay - 283 Queens Quay W Toronto

[info@disabledsailingontario.com](mailto:info@disabledsailingontario.com)

<https://disabledsailingontario.com>

### **Blind Sailing Canada**

416-496-5089

Toronto

<https://www.blindsailing.ca>

### Midland

**Midland Bay Sailing Club - AbleSail**    *Able Sail program for individuals with developmental and physical disabilities with wheelchair accessible boats*    *Ages: 8+ yrs*    *All Abilities*

705-526-3553

159 Marina Park Drive Midland

[sailingschool@midlandbaysailingschool.com](mailto:sailingschool@midlandbaysailingschool.com)

<https://midlandbaysailingclub.com>