



## Midland Self-Regulation and Sensory Strategies Expo

Join CTN and Closing the Gap for the Self-Regulation Strategies Expo in Midland!

Parents and caregivers will have an opportunity to work alongside their child as they practice new methods for their *sensory, self-regulation toolbox*.

Disney-themed stations will assist kids and youth in developing strategies for a more focused, organized and calmer internal state for daily living, play and in the community.

### Event Details:

- Monday, July 7, 2025 from 10 a.m. to 12 p.m.
- Location: 230 Aberdeen Blvd., Midland, ON

**RSVP to attend by May 20 by calling 905-291-6915.**

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