

### Group Aim, Content, and Participants

This group aims to provide young children (ages 4 to 6 years) with exposure to different snack foods. Using principles and activities from the Sequential Oral Sensory (SOS) Approach to Feeding, participants will play and interact with snack-based food in fun and creative ways, becoming food scientists and detectives. Evidence suggests that play experiences can lead to tolerance which in turn often results in 'trying,' and eventual eating.

This program will be in person at Boomerang Health. The group is facilitated and led by a Registered Occupational Therapist.

A complimentary pre-group screening is offered to determine group appropriateness.

### Group Information

#### ***Duration***

60 minutes

#### ***Length***

7 weeks

#### ***Cost***

\$567 - *Check with your insurance provider for coverage*  
*Cost includes fresh fruits, vegetables, and snacks*

#### ***Dates and Time***

Saturdays from October 19 – November 30, 2024 (12:45pm – 1:45pm)

For more information, please contact [groups@boomeranghealth.com](mailto:groups@boomeranghealth.com).

### **Boomerang Health powered by SickKids**

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