

# CTN Youth Group: Better Together



## A youth group for CTN Clients and Alumni Ages 13-21 Monthly on Wednesdays (September 2024 to May 2025)

Facilitated by CTN Alumni and CTN's Child & Family Wellness Program Coordinators.  
Each month will focus on an "F-Word": Fun, Fitness, Functioning, Family, Friends and Future.  
Group activities with materials provided.

**Building a community where CTN youth can connect**

### 2024 Dates

- **September 25, 2024 (5:30-7 p.m.)- In- Person, Welcome Party**
  - dinner, drinks and take-home materials provided
- **October 23, 2024 (7-8 p.m.)-Online**
- **November 27, 2024 (7-8 p.m.)-Online**

### 2025 Dates

- **January 22, 2025 (7-8 p.m.)-Online**
- **February 26, 2025 (7-8 p.m.)-Online**
- **March 26, 2025 (7-8 p.m.)-Online**
- **April 23, 2025 (7-8 p.m.)-Online**
- **May 28, 2025 (5:30-7 p.m.)- In-Person Wrap-Up Party**

Looking for accessibility information for this location? [Visit AccessNow!](#)

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or scan the QR code**

If you have any questions, please  
contact Kajsa Klassen at [kklassen@ctnsy.ca](mailto:kklassen@ctnsy.ca).



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