



# Focus on Families- All About Respite

Join the Family Support team as they explore topics related to the caregiver and family experience! Each information session will be followed by an informal coffee chat to debrief, share experiences and explore the topics covered.

## All About Respite:

Curious about respite? Join CTN and Empower Simcoe as we explore the ins and outs of respite care- where to find it, how to access it, funding resources and dealing with the emotions that come along with it!

## Event Details:

- **Wednesday, March 5, 2025 from 12 to 1 p.m.**
- **Virtually (through Teams)- Link provided upon registration**

If you have any questions, please contact Niki at [nhuxtable@ctnsy.ca](mailto:nhuxtable@ctnsy.ca)  
Looking for accessibility information for this location? Visit [AccessNow!](#)  
Want to stay updated on CTN news and events? [Subscribe to CTN newsletters](#)

**[Click here to register](#)**  
**or scan below**

