



## THERAPEUTIC RECREATION

# BABY / TOT SENSORY GROUPS

Join us at TheraBounce for a fully inclusive adapted sensory time for you and your child to explore a new environment in a social setting. Help your child explore using all their sensory systems to learn fundamental play skills, enjoy an environment to enhance prosocial skills, and connect with other caregivers and family. Come push, pull, climb, crawl, feel, smell, bounce, and experience new sensations that stimulate the whole body and mind.

### TheraBounce Markham

360 John Street  
Tuesdays 10:30-12:00  
Start Date: Sept 27th

### TheraBounce Woodbridge

661 Chrislea Ave  
Sundays 11:30-1:00  
Start Date: Oct 30th

The first 45 minutes are for "Baby Sensory" and will be more exploratory non-directed play. The second 45 minutes have a more structured schedule with activity stations geared for toddlers, including arts and crafts, gross motor circuits, and functional play/pretend play stations. Tots are welcome to attend the first half and babies are welcome to stay for the second half if they wish.



#### **45 minutes**

Drop in: \$25

4 pack: \$90 (\$22.50 per session)

8 pack: \$170 (\$21.25 per session)

#### **90 minutes**

Drop in: \$40

4 pack: \$150 (\$37.50 per session)

8 pack: \$280 (\$35 per session)

Email [Alicia@therabounce.com](mailto:Alicia@therabounce.com) for more information and to register! Limited places available!



## THERAPEUTIC RECREATION

# SOCIAL SKILLS GROUP

Explore our fully inclusive social group for preschoolers aged 3 to 6. Your child will engage in activities that will help them develop prosocial skills like turn taking, sharing, and initiating play with peers. They will also participate in sensory activities, games and obstacle courses to support gross motor development, bouncing, music and dance. Come make friends and connections with other families in your community while supporting your child's functional abilities in a fun, inclusive environment.

### TheraBounce North York

37 Densley Ave

Mondays 3:45-5:00pm

Weekly

Start Date: October 3rd

### TheraBounce Markham

360 John Street

Tuesdays 4:30-5:45pm

Biweekly

Start Date: October 11th

Drop in: \$40

4 pack: \$150 (\$37.5 per session)

8 pack: \$280 (\$35 per session)



Email [Alicia@therabounce.com](mailto:Alicia@therabounce.com) for more information and to register!

Limited places available.



## THERAPEUTIC RECREATION

# YOUTH CONNECTIONS GROUP

Youth ages 8+ are invited to join us weekly for a fully inclusive evening of bouncing, group activities, social skill development, and of course, fun! We know that many youth with disabilities face barriers when it comes to building relationships with their peers. This group aims to support the development of communication, cooperative skills, emotional intelligence, and independence. Come join us on Monday evenings to develop new skills, build confidence and connect with peers!

### TheraBounce North York

37 Densley Ave

Mondays 3:45-5:00pm

Start Date: Oct 3rd

Weekly



Drop in: \$40

4 pack: \$150 (\$37.5 per session)

8 pack: \$280 (\$35 per session)

Email [Alicia@therabounce.com](mailto:Alicia@therabounce.com) for more information and to register!

Limited places available.