

Social Time





Join our Family Support Workers for social time the whole family can enjoy! Registration is open for our free summer sessions!

Social Time is a fun and interactive way for families, parents, kids and teens to connect virtually, discuss ongoing events or participate in different activities and crafts! Facilitated by our Family Support Workers, Kinark offers four types of groups for Parents/Caregivers, Families, Kids and Teens.

If you would like to learn more about our **Social Time** sessions, or other services available at Kinark, please contact a Kinark Representative at **1-800-283-3377** ext. **0** or email <u>autisminfo@kinark.on.ca</u>.

Parent/Caregiver Social Time

Parent/Caregiver social time is designed for parents and caregivers of children and youth with Autism Spectrum Disorder (ASD). Sessions provide a safe space for parents to have virtual discussions about challenges they may face, questions they may have or just an opportunity to meet with other parents who understand their day to day lives. Parenting strategies and experiences will be shared in each session.

Date & Time	Topic	Description	Register
Monday, July 4, 2022 2 pm – 3 pm	Foundational Family Services	Foundational Family Services are offered free of charge for families in the Ontario Autism Program (OAP). Join us for a discussion of where you can access these services and the different services you can register for.	Sessions delivered virtually via our video conferencing platform.
			Specific instructions will be emailed to registered participants prior to each session. Register at https://bit.ly/kinarksocialtime
Wednesday, August 17, 2022 2 pm – 3 pm	Getting Ready for Back to School	Preparing your child for the new school year can help support a smooth transition from summer to school. The session will discuss how you can plan ahead and will share useful resources for this transition.	
Wednesday, September 28, 2022 2 pm – 3 pm	Resources for New Diagnosis	Do you have a child who was recently diagnosed with Autism Spectrum Disorder (ASD)? We understand this can be overwhelming. Join us for a discussion sharing important information and resources to support your next steps. Families will also have the opportunity to book a one-on-one consultation with our Service Navigation team.	

<u>Family Social Time</u>
Family social time is designed for families of children and youth with Autism Spectrum Disorder (ASD). Sessions aim to provide an hour of virtual fun through interactive and engaging activities for the whole family!

Date & Time	Topic	Description	Register
Monday, July 11, 2022 10 am – 11 am	Sensory Fun	Come join us to learn how to make a fun sensory craft: homemade kinetic sand! Required materials will be emailed in advance so you can have them ready and follow along.	Sessions delivered virtually via our video conferencing platform. Specific instructions will be emailed to registered participants prior to each session. Register at https://bit.ly/kinarksocialtime
Wednesday, July 13, 2022 2 pm – 3 pm	Taco Kit	Tacos are a simple and fun recipe that includes fresh ingredients the whole family can enjoy! Register by July 5 to receive a taco kit to join us virtually and make this fun recipe. Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up and kit customization will be provided upon registration. Adult supervision is required when creating your taco kit.	
Monday, July 18, 2022 2 pm – 3 pm	Virtual Escape Room	Do you like solving puzzles and mysteries? Join us for a virtual escape room adventure! This session is recommended for children aged six – 13.	
Wednesday July 27, 2022 2 pm – 3 pm	Scavenger Hunt	Do you have quick feet? Join us for a fun scavenger hunt game where we will send you searching for items in your home! Recommended for ages six to 15.	
Wednesday, August 10, 2022 2 pm – 3 pm	Drawing Fun (Disney Theme)	Sharpen your pencils and join us for a fun afternoon of drawing some favourite Disney characters!	
Monday, August 15, 2022 10 am – 11 am	Cool Science Experiments	Do you miss those fun school science experiments? Join us as we share some cool at home science fun virtually! Science experiments will be emailed in advance so you can have the materials ready and follow along.	
Wednesday, August 24, 2022 2 pm – 3 pm	Dance Party	Come dance with us! Bring your favourite shoes and dances moves and join us for a virtual dance party.	
Wednesday, August 31, 2022 2 pm – 3 pm	Summer Snacks	Summer is a time of sunshine and great snacks! Register by August 24 to receive a snackkit to join us virtually in making some super simple summer snacks! Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up and kit customization will be provided upon registration.	
Monday, September 12, 2022 4 pm – 5 pm	Turn Taking Games	Do you like play games like Connect Four, Hangman and memory games? Join us for a fun afternoon of virtual games and making new friends!	
Wednesday, September 21, 2022 4 pm – 5 pm	CookieKit	Does your family love cookies? Register by September 10 to receive a cookie making kit and join us virtually to create them! Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up and kit customization will be provided upon registration.	

Kid Social Time

Kid social time is designed for children and youth with Autism Spectrum Disorder (ASD) to connect virtually and participate in fun activities such as crafts, show and tell, dance parties and much more. These sessions are recommended for children and youth aged five to 12.

Date & Time	Topic	Description	Register
Wednesday, July 6, 2022 2 pm – 3 pm	Insect Habitat	Insects are adaptable creatures that live in almost every habitat on earth. Register by July 1 to receive a craft kit to join us virtually to make an insect habitat of your own and learn about different insect types. Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up will be provided upon registration.	Sessions delivered virtually via our video conferencing platform. Specific instructions will be emailed to registered participants prior to each session.
Monday, July 25, 2022 10 am - 11 am	Learning About Pets	Do you love animals and the different types of pets? Join us to learn some fun facts about pets and how you take care of your furry, slimy, and feathery friends!	Register at https://bit.ly/kinarksocialtime
Wednesday, August 3, 2022 2 pm – 3 pm	GameTime	Join our Family Support Workers as we host an hour of fun games with some family favourites, such as Pictionary, Heads Up, Act it Out and Would You Rather.	
Monday, August 8, 2022 10 am – 11 am	Sensory Crafts	It's time for slime! Let's make some fun slime together and explore the different types of slime through a hands-on sensory activity.	
Monday, August 22, 2022 10 am – 11 am	Virtual Jungle Adventure	Join us for a fun virtual jungle adventure! Participants will follow along and view various jungle animals through an interactive online experience.	
Monday, August 29, 2022 10 am – 11 am	Magic Show	Bring a cool magic trick and show us! We will show you some fun new ones too.	
Wednesday, September 14, 2022 4:30 pm – 5:30 pm	Show and Tell	Do you have something that is special to you and would like to show it to others? Join us for a show and tell! Don't forget to ask your friends questions about their items too!	
Monday, September 19, 2022 4:30 pm – 5:30 pm	Lego Fun	Grab your Lego and use your creativity and imagination for a fun building adventure!	
Monday, September 26, 2022 4:30 pm – 5:30 pm	Virtual Astronomy	Are you interested in planets, moons, stars, galaxies, and comets? Join us for a virtual astronomy adventure!	