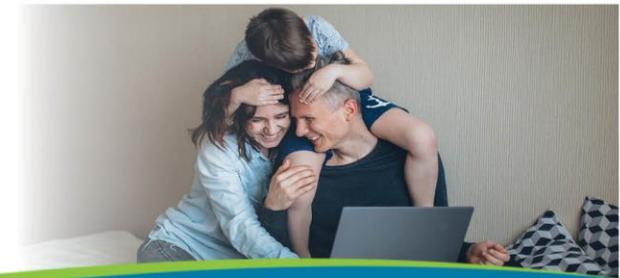




Social Time!



Join our Family Support Workers for social time the whole family can enjoy! Registration is open for our free Winter 2021 sessions!

Social Time! is a fun and interactive way for families, parents and kids to connect virtually, discuss ongoing events or participate in different activities and crafts! Facilitated by our Family Support Workers, Kinark offers three types of groups to meet the needs of our children, youth, and their families: Parent/Caregiver, Family, and Kids.

If you would like to learn more about our **Social Time!** sessions, or other services available at Kinark, please contact our Service Representative at **1-800-283-3377** or email autisminfo@kinark.on.ca.

Parent/Caregiver Social Time!

Parent/Caregiver social time is designed for parents and caregivers of children and youth with autism. Sessions provide a safe space for parents to have virtual discussions about challenges they may face, questions they may have or just an opportunity to meet with other parents who understand their day to day lives. Parenting strategies and experiences will be shared in each session.

Date & Time	Topic	Description	Register
Wednesday, Jan. 27, 2021 1 pm – 2 pm	Homeschooling Tips	In this session parents and caregivers will discuss how home and virtual schooling has been going and encourage participants to share tips.	Sessions delivered virtually via our WebEx video conferencing platform. Specific instructions will be emailed to registered participants prior to each session. Register at www.bit.ly/autismeventskinark
Wednesday, Feb. 10, 2021 1 pm – 2 pm	Managing Through a Pandemic	Fear and uncertainty can make managing a pandemic tough. Join our Social Worker as we discuss ways to keep calm, help your child feel safe, manage emotions and how to maintain healthy routines.	
Wednesday, March 10, 2021 1 pm – 2 pm	Respite	Let's talk about Respite! Learn what it is, how to use it, where to find it and about available funding opportunities.	
Wednesday, March 24, 2021 1 pm – 2 pm	New Diagnosis	Do you have a child who has recently been diagnosed with Autism Spectrum Disorder (ASD)? Join our Social Worker as we discuss information and resources to support your family's next steps.	

Family Social Time!

Family social time is designed for families of children and youth with autism. Sessions aim to provide an hour of virtual fun through interactive and engaging activities for the whole family!

Date & Time	Topic	Description	Register
Monday, Jan. 18, 2021 5 pm – 6 pm	Magic Show Night	Bring a family magic trick and show us! We will show you some cool new ones too.	Sessions delivered virtually via our WebEx video conferencing platform.
Monday, Jan. 25, 2021 7 pm – 8 pm	Game Night	Join us as we host a game night with some family favourites, such as Pictionary, Heads Up!, Act it Out, and Family Feud.	
Wednesday, Feb. 3, 2021 5 pm – 6 pm	Scavenger Hunt	Do you have quick feet? Join us for a fun scavenger hunt game where we will send you searching for items in your home!	Specific instructions will be emailed to registered participants prior to each session.
Wednesday, Feb. 17, 2021 7 pm – 8 pm	Pictionary	Get your pencils and sketch pad ready because we are going to have a fun night of Pictionary! We will all take turns drawing.	
Wednesday, Feb 24, 2021 5 pm – 6 pm	Virtual Aquarium	Let's stay safe and take a virtual trip to the aquarium! Join us and visit the aquarium virtually to see jellyfish, sharks and much more.	Register at www.bit.ly/autismeventskinark
Monday, March 8, 2021 7 pm – 8 pm	Scavenger Hunt	Do you have quick feet? Join us for a fun scavenger hunt game where we will send you searching for items in your home!	
Monday, March 22, 2021 7 pm – 8 pm	Trivia Fun	Join us for some fun trivia! Families can choose between kid friendly topics such as TV shows, Harry Potter, Disney, animals and memes.	

Kid Social Time!

Kid social time is designed for children and youth with autism to connect virtually and participate in fun activities such as crafts, show and tell, dance parties and much more. These sessions are recommended for children and youth aged five to 12.

Date & Time	Topic	Description	Register
Wednesday, Jan 20, 2021 4:30 pm – 5:30 pm	Cool Science Experiments	Do you miss fun school science experiments? Join us as we share some cool at home science fun.	Sessions delivered virtually via our WebEx video conferencing platform.
Monday, Feb.1, 2021 4:30 pm – 5:30 pm	Dance Party!	Come dance with us! Join us for a virtual dance party and bring your favourite dance moves.	
Monday, Feb. 8, 2021 4:30 pm – 5:30 pm	Name Those Lyrics	Does your family love music? Join us for a fun night of musical trivia!	Specific instructions will be emailed to registered participants prior to each session.
Monday, Feb.22, 2021 4:30 pm – 5:30 pm	Show and Tell	Do you have something special to share and would like to show it to others? Join us for a show and tell! Don't forget to ask your friends questions about their items too!	
Wednesday, March 3, 2021 4:30 pm – 5:30 pm	Story Time and Sing Along!	Let's read some of our favourite books! Help us by singing along with classic tunes.	Register at www.bit.ly/autismeventskinark
Monday, March 29, 2021 4:30 pm – 5:30 pm	Spring Crafts	It's time for a spring craft! Join us to make fun springtime art! Some craft materials are required for this social night.	
Wednesday, March 31, 2021 5 pm – 6 pm	Cool Science Experiments	Do you miss fun school science experiments? Join us as we share some cool at home science fun.	