

Group Aim, Content, and Participants

Social Skills & Self-Regulation Group Therapy is aimed at children in who could benefit from support with their social skills and self-regulation. Participants will learn core concepts from the well-established *Social Thinking*® and *Zones of Regulation*® programs. Activities will be focused on helping participants conceptualize group content, identify personal challenges with social skills and self-regulation, and learn strategies to help overcome these difficulties.

Half of this program will focus on *Social Thinking*® content (facilitated by a Speech-Language Pathologist) and the other half will focus on the *Zones of Regulation*® content (facilitated by an Occupational Therapist). Sessions will take place in-person at the clinic. Policies and procedures related to COVID-19 will be enforced to ensure the safety of participants and staff members.*

A complimentary pre-group screening is offered to determine group appropriateness.

Group Information

Duration

60 minutes

Length

10 weeks

Cost

\$940.00 CAD**

Dates and Time

Session 1: Tuesdays from September 20 – November 22, 2022; 4:30 – 5:30 p.m. (Grades 1 & 2)

Session 2: Tuesdays from September 20 – November 22, 2022; 5:45 – 6:45 p.m. (Grades 3 & 4)

Session 3: Thursdays from September 22 – November 24, 2022; 4:30 – 5:30 p.m. (Grades 5 & 6)

*Participants must pass a COVID-19 screening prior to entering the group each week. Mask-wearing, sanitization, and social distancing measures will be implemented. Currently, participants 12 years + must show proof of COVID-19 vaccination in order to participate in group programs. Boomerang Health reserves the right to amend our vaccine policy to include all eligible individuals for vaccination at any time.

**Check with your insurance provider for coverage.

For more information, please contact lauren.greenwood@boomeranghealth.com, Manager of Programs.

Boomerang Health powered by SickKids

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