

Virtual Social Skills & Self-Regulation Group

Group Aim, Content, and Participants

Social Skills & Self-Regulation Group is aimed at children in **grades four and five** who could benefit from support with their social skills and self-regulation. Participants will learn core concepts from the well-established *Social Thinking*® and *Zones of Regulation*® programs. Activities will be focused on helping participants conceptualize group content, identify personal challenges with social skills and self-regulation, and learn strategies to help overcome these difficulties.

Six sessions will focus on *Social Thinking*® content (facilitated by a Speech-Language Pathologist) and six sessions will focus on the *Zones of Regulation*® content (facilitated by an Occupational Therapist). Sessions will take place over Zoom.

A complimentary pre-group screening is offered to determine group appropriateness.

Group Information

Duration

60 minutes

Length

12 weeks

Cost

\$768.00 CAD*

Dates and Time

Thursdays from September 23 – December 9, 2021; 4:15 - 5:15 p.m.

*Check with your insurance provider for coverage

For more information, please contact lauren.greenwood@boomeranghealth.com, Manager of Programs.

Boomerang Health powered by SickKids

9401 Jane Street, Suite 211

Vaughan, Ontario; L6A 4H7

(905) 553-3155

info@boomeranghealth.com

www.boomeranghealth.com