

**CATULPA COMMUNITY SUPPORT SERVICES'
FASD KEY SUPPORTS AND SERVICES
PRESENT A FREE, VIRTUAL
FASD INFORMATION SESSION FOR
PARENTS AND CAREGIVERS.**

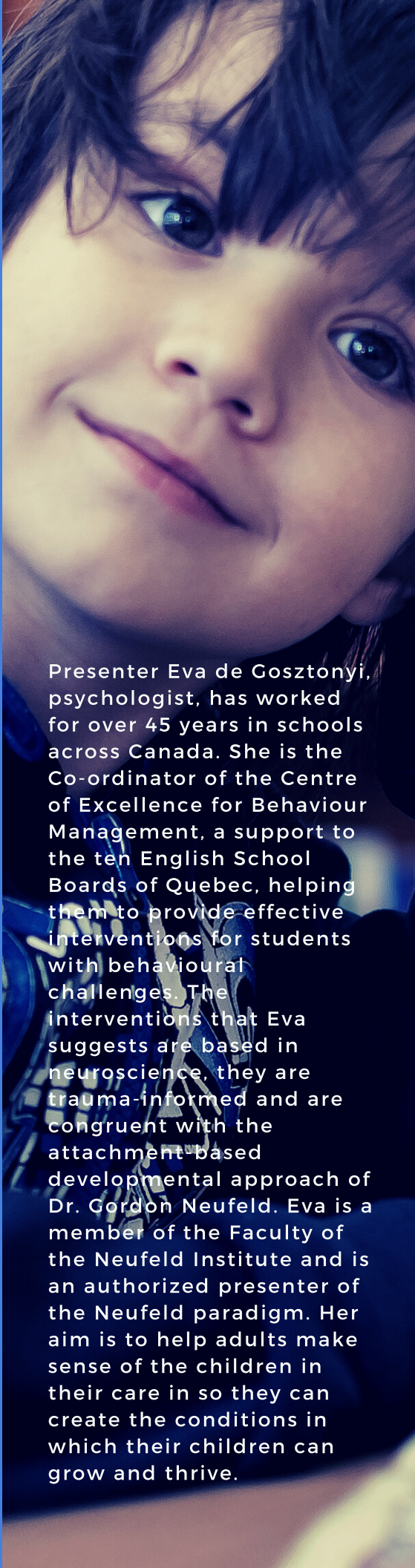
UNDERSTANDING THE EMOTIONAL WORLD OF CHILDREN AND YOUTH IN CHALLENGING TIMES

This information session will help to identify:

- The key emotions your children (and you) are living with, and the effect that these can have on behaviour and learning;
- Ways to effectively navigate the extra excitement of the holidays;
- How the way you see behaviour can change the way you react to it, and
- How you can react to help your child to move forward.

**Wednesday, December 2nd 2020
5 P.M. to 7 P.M.**

**For more info, or to register,
email wmoore@catulpa.on.ca**



Presenter Eva de Gosztanyi, psychologist, has worked for over 45 years in schools across Canada. She is the Co-ordinator of the Centre of Excellence for Behaviour Management, a support to the ten English School Boards of Quebec, helping them to provide effective interventions for students with behavioural challenges. The interventions that Eva suggests are based in neuroscience, they are trauma-informed and are congruent with the attachment-based developmental approach of Dr. Gordon Neufeld. Eva is a member of the Faculty of the Neufeld Institute and is an authorized presenter of the Neufeld paradigm. Her aim is to help adults make sense of the children in their care in so they can create the conditions in which their children can grow and thrive.