

The Catulpa FASD Team Proudly Presents

# FASD Essential Supports

A Caregiver Session With Nate Sheets, FASD Consultant & Parent Coach

**January 12th, 2022**  
**(10:00AM - 12:00PM)**

Click The Date To Register

## LEARN ABOUT

In this two hour overview, you will join FASD consultant Nate Sheets and learn the most important supports which benefit both parents and professionals in daily interactions. You'll learn how proactive supports can reduce both stress and the frequency of dysregulated behaviours.

You will explore why supporting someone with FASD can be challenging and leave the training with practical steps you can use right away.



Nate Sheets is an FASD consultant and parents coach based in Eugene, Oregon. He has worked with children and adults with FASD for the past 12 years. His upcoming book is "Essential FASD Supports". You can watch his free videos at [www.YouTube.com/oregonbehavior](http://www.YouTube.com/oregonbehavior)