

WINTER SOCIAL SKILLS & SELF-REGULATION GROUP FOR CAREGIVERS

Virtual group for caregivers to support their children in the areas of social skills and self-regulation.

Facilitators will provide participants with core concepts from the well-established Social Thinking® and Zones of Regulation® programs. Practical ways to implement these programs at home will be shared.

This group will be led by a Speech-Language Pathologist and an Occupational Therapist.

Sessions will take place over Zoom.

Program Includes:

- Three sessions focusing on Social Thinking® content
- Three sessions focusing on Zones of Regulation® content
- Handouts, worksheets, and activity suggestions from the above-noted programs to support learning and facilitation of concepts at home

Dates and Times: Thursdays from January 14th – February 18th, 2021, 6:30-7:30 pm

Cost: \$384 for the 6 week session*

Contact Us To Register!

Boomerang Health powered by SickKids

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*Check with your insurance provider for coverage