

# **Your Guide to Summer Camp**

#### WHY SEND YOUR CHILD TO SUMMER CAMP?

Camp offers a unique environment for children and youth to develop and mature socially, emotionally, physically and independently in a structured and fun atmosphere. Camp provides an environment for physical activity, creative expression and participation all in one short period of time.

Healthy development of social skills, independence, self-esteem and confidence are supported by

interactions with positive role models. The opportunity to develop lifelong friendships and positive attitudes towards recreation and leisure are nurtured in a camp setting.

Most importantly, camp is FUN! Encouraging time outdoors, away from screens and engaging with peers, camp can improve overall quality of life when your child is set up for success.

## What to Pack for Camp:



- Hat
- Water bottle
- Sunscreen
- Snacks
- Bathing Suit
- Towel

- Change of Clothes
- Indoor shoes
- Backpack
- Healthy Lunch
- SMILE





TIPS FOR A
SUCCESSFUL
SUMMER:

- MANY CAMPS AND FUNDING
OPPORTUNITIES ARE BASED ON A FIRST
COME, FIRST SERVE BASIS. INCLUSION SPACES
OFTEN FILL QUICKLY AND FUNDING CAN BE DEPLETED EARLY.
CONNECT AS EARLY AS POSSIBLE.

1. PLAN EARLY

- 2. **CONSIDER THE SUPPORT NEEDS OF YOUR**CHILD/YOUTH WHAT TYPE OF SUPPORT DOES YOUR
  CHILD RECEIVE AT SCHOOL? IF THEY REQUIRE ADDITIONAL
  SUPPORT AT SCHOOL OR IN SOCIAL SETTINGS, CHANCES ARE
  GOOD THEY WILL NEED SIMILAR SUPPORT AT CAMP. SOME
  CAMPS ARE SPECIALIZED AND OFFER LOWER PARTICIPANT
  TO COUNSELOR RATIOS, WHILE OTHER CAMPS MAY OFFER
  AN INCLUSION 1:1 WORKER.
- 3. **COMMUNICATION IS KEY** PROVIDE THE CAMP WITH THE APPROPRIATE INFORMATION REGARDING YOUR CHILD: DO THEY NEED HELP WITH TRANSITIONS? **N**EED ADAPTATIONS? **USE** A COMMUNICATION DEVICE? **A**RE THEY A RUNNER? **ETC.** THE MORE INFORMATION YOUR PROVIDE YOUR CAMP THE MORE PREPARED THEY WILL BE TO STRUCTURE THE ENVIRONMENT FOR SUCCESSFUL PARTICIPATION ALL SUMMER LONG.
- 4. **PREPARE** SOME CAMPS WILL ALLOW YOU TO VISIT THE SITE OR WILL HAVE THEIR FACILITATOR CONNECT OR MEET WITH YOUR CHILD BEFORE THE SUMMER TO BEGIN THE RELATIONSHIP, AS WELL AS EASE ANXIETIES ABOUT THE UNKNOWN ON THE FIRST DAY OF CAMP. IF YOU NEED TO, DO A TRIAL RUN-THROUGH CAMP DAY WITH YOUR CHILD.







### **CAMP LISTINGS**

THIS LISTING IS USED AS A GUIDE FOR CAMPS THAT CATER TO INDIVIDUAL NEEDS OF A SPECIFIC POPULATION OF CHILDREN AND YOUTH.

THIS DOCUMENT IS TO BE USED A GUIDELINE, CAMPS MAY SUPPORT MORE THAN WHAT IS INDICATED, ALWAYS CONTACT THE CAMP/PROGRAM DIRECTOR FOR DETAILED INFORMATION AROUND THEIR SUPPORTS AND PROGRAMS.

### **YOUR LOCAL OPTIONS:**

1. Municipal Camps: Your local municipality may offer a variety of summer day camps. Many municipalities can off an additional 1:1 worker if requested. Check your local Municipal Summer Recreation Guide for more information about camps and support, and ALWAYS connect with your Special Needs Coordinator/Program Coordinator/Camp Director prior to registering.

See www.ctnsy.ca for a listing of local municipal guides and coordinators as well as tips and funding Options!

2. **Local Organizations:** MANY AREAS HAVE ORGANIZATIONS THAT OFFER SPECIALIZED CAMPS IN YOUR COMMUNITY. CONTACT CLUBS TO SEE WHETHER THEY RUN SUMMER CAMPS, AND COULD OFFER EXTRA SUPPORT FOR YOUR CHILD/YOUTH WITH SPECIAL NEEDS. MANY ORGANIZATIONS ARE HAPPY TO ACCOMMODATE.

### **OPTIONS TO EXPLORE:**

- LOCAL SPORT
  CLUBS: GYMNASTICS,
  BASKETBALL, SOCCER,
  ETC.
- Local Art or Dance Studios
- LOCAL HORSEBACK RIDING FARMS
- BOYS AND GIRLS CLUBS: SCOUTS,
  GUIDES
- CADETS
- LOCAL LIBRARY



LEGEND: USE THIS GUIDE TO DETERMINE WHETHER THE CAMP WILL SUPPORT YOUR CHILD'S NEEDS. SEE SYMBOL LEGEND FOR SUPPORT FOR SPECIFIC DISABILITIES. CAMPS MARKS WITH A \* ARE INCLUSIVE OR WORKING TOWARDS INCLUSION.





ASD/ASPERGERS

ADD/ADHD

★ BEHAVIOURAL/EMOTIONAL

Camp		Туре	Age	es	Sup	port	Optio	ns		Transp	ortation	Other
Name	Disability	Day or Overnight?	Under 12	Over 12	1:1	1:2	Small Group	Large Group	Additional Fee?	Available Yes/No		
*Adventure Camp 905-841-1314 ext. 24 daycamp@ypce.com East Gwillimbury	<b>♦ •</b>	D/ON	х				х	x		yes	Integrated	Call for support options
Alpha Camp & Retreat 705-792-4133 info@alphacampandretreat.com Barrie	<b>◇ ② ※ ▲</b> ★	D/ON	х	Х	Х	Х	х		no	no	Special Needs Only	Also offers year round respite
Autism Ontario-York Camp A-OK/A-OA 905-780-9587 chaptermgr.york@autismontario.com Richmond Hill	*	D	Х	X	X				For 2:1	no	Special Needs only	Applications online available March
*Bayview Glen Day Camp 416-499-7746 camp@bayviewglen.ca Toronto	<b>◇ ② ※ ▲</b> ★	D	х	X					yes	yes	integrated	Call for support options
Belwood Lodge and Camp 519-843-1211 info@belwoodlodgeandcamp.com Belwood Lake (near Guelph)	<b>♦</b>	O/N	х	х			X		No	No	Specialized	

Camp Aim 647-965-1246 office@campaim.ca Toronto	<b>◇ ② ※</b> ★	D/O	x	х	X		х		inclu ded	Yes - addit ional	Special needs only	
Camp Awakening 416-487-8400 info@campawakening.com Tichborne(Girls Camps)/Minden (Boys Camp)	9	O/N	X	X		X	X		No	Yes	Specialized /Integrated	Call for support options
Camp Concord 416-602-1292 info@campconcord.ca Bancroft	<b>♦</b>	O/N	х	х		х			Inclu ded	No	Specialized	Call for support options
*Camp Couchiching 705-325-3428 info@campcouchiching.com Orillia	<b>◇ ② ※</b> ★	D/ON	x	X	X		х	х	Yes	No	Integrated	Call for Support options
*Camp Kawartha 705-652-3860 Peterborough	<b>◇ ② ※</b> ★	D/ON	X	X			х	х	Yes	No	Integrated	Call for Support Options
Camp Kennebec 613-335-2114 info@campkennebec.com Arden (near Ottawa)	<b>♦</b> ▲	O/N	X	X		X	X		Inclu ded	Yes	Specialized	

Camp Kirk 416-782-3310 campkirk@campkirk.com Kirkfield (Kawartha Lakes) Camp Kodiak 905-569-7595 info@campkodiak.com	<b>☆</b> ▲	O/N O/N	x	x		x	x	х	inclu ded	No Yes	Specialized Specialized	Will support incontinence (bedwetting) and Learning Disabilities Learning Disabilities and Aspergers
McKellar (north of Parry Sound)  Camp Quality 416-406-2267 info@campquality.org Flesherton, Sudbury		O/N	х	х	х			х	Inclu ded	Yes	Specialized	For children with Cancer – med team available on site
*Camp Robin Hood & Robin Hood Sports Academy 416-736-4443 office@camprobinhood.ca Markham	♦ @ ★ ▲	D	х	х	х	х	х	х	yes	Yes - addit ional	integrated	Call for support options
*Camp Walden 1-888-254-4274 office@campwalden.ca Palmer Rapids (near Bancroft)	♦ @ ★ ★	O/N	Х	х			х	х	Yes	Yes	Integrated	Call for support options
Camp Winston 416-487-6229 mail@campwinston.com Kilworthy	<b>☆ △</b>	O/N	X	х	х	х	х		Inclu ded	No	Specialized	Offer weekend respite, behavior management
*Centre Camp 416-636-2267 info@centrecamp.ca Toronto/Vaughan	♦ @ ★ ▲	D	Х	х				х		Yes - addit ional	Integrated	Call for support options

CNIB Lake Joseph Centre 705-375-2630 lakejoe@cnib.ca Mactier		O/N	X	X	X				Inclu ded	Yes	Specialized	Family, Youth and Camp Programs for blind or partially sighted
Community Living York South www.communitylivingyorksouth.ca Vaughan/Richmond Hill/Whitchurch- Stoufville/Markham	<b>♦</b>	D	X	X	X		X		Yes	No	Specialized	Call for support options and availability
Easter Seals: Camp Merrywood/Woodeden 1-800-668-6252 camp@easterseals.org Perth/London	<b>©</b>	O/N	X	Х		X	X	х	Inclu ded	No	Specialized	Must be able to direct care and communicate their needs
*ECO Camp at Chimo Contact City of Markham jbeatty@markham.ca Markham	<b>◇ ② ※ ▲</b> ★	D	х	X	х			X	yes	yes	Integrated	Offered through City of Markham
*Green Acres 905-887-1400 www.campgreenacres.com Markham	<b>◇ ② ※</b> ▲ <b>★</b>	D/ON	х	X	х			X	yes	Yes- addit ional	Integrated	Call for support options
*Hidden Bay Leadership Camp 705-342-7345 Parry Sound	<b>◇ ② ※</b> ★	O/N	X	X	X		х	x	yes	Yes	Integrated	Bussing from Aurora/Barrie Supported by Reach for the Rainbow
*Jericho Youth Services Camp 905-722-5540 <u>ljonesjys@bell.net</u> Sutton/Keswick	♦ @ ★ ★	D	X	X	X				No	No	Integrated	Call for support options

Kerry's Place Autism Services 905-713-6808 www.kerrysplace.org Aurora	*	D	X	X			х		inclu ded	no	specialized	
*Kettleby Valley Camp and Outdoor Centre 905-726-4275 info@kettlebyvalley.com King	<b>♦</b> ▲	D/ON	x	х	X		х	х	yes	Yes - addit ional	Integrated	Call for support options
Kinark Outdoor Centre 705-286-3555 Info@koc.on.ca Minden	*	D/ON	х	х	X	X			yes	No	Specialized	Family Respite/Camp, ASD Summer Camp
Laura Hunter's Steps: Giddy Up 416-771-2217 laura@theleadhorse.com Stoufville	<b>◇ ② ★</b>	D	х	х	х	х	х	х	yes	no	Specialized / integrated	Specialized therapeutic physical and social skills
Laura Hunter's Steps: SummerSkills Camp 416-771-2217 laura@theleadhorse.com North York	<b>♦</b> ▲ ★	D	х	х	Х	х	х	х	Yes	No	Specialized /integrated	Specialized therapeutic physical and social skills
March of Dimes – Summer program at Geneva Park 1-800-263-3463 ext. 7213 krashid@marchofdimes.ca Orillia	<b>©</b>	O/N		х			х		inclu ded	No	Specialized	18+ Must be able to direct their own care

*Ontario Pioneer Camp 1-800-361-2267 info@pioneercamp.ca Port Sydney (Huntsville)	♦	O/N	х	х	X		x	х	Yes	Yes	Integrated	Call for Support Options
*Seneca-King Day Camp 416-491-5050 x 55042 King.daycamp@senecacollege.ca King	<ul><li>◇ ②</li><li>※ ▲</li><li>★</li></ul>	D	х	X	Х				yes	yes	integrated	Call for support options
*Willowgrove Day Camp 905-640-2127 info@willowgrovedaycamp.ca Stoufville/Fraser Lake	<b>◇ ② ※ ▲</b> ★	D/ON	х	X	X			х	Yes	Yes - addit ional	Integrated	Must be toilet trained, able to communicate and independently mobile
*Wye Marsh Day Camps 705-726-7809 camp@wyemarsh.com Midland	<b>◇ ◎</b> ★	D	x	X			x	х		No	Integrated	Call for support options
*YMCA GTA Day Camps 647-439-6611 camps@ymcagta.org Various Locations	<ul><li>◇ ②</li><li>※ ▲</li><li>★</li></ul>	D	х	х	х	х	x	х	Yes	Yes	Integrated	Call for support options
*YMCA GTA: Camp Pinecrest 647-439-6611 camps@ymcagta.org Torrence (Bala)	♦ @ ★ ▲	O/N	х	х	х	х	x	х	Yes	Yes	Integrated	Supported by Reach for the Rainbow staff
*YMCA of Simcoe Muskoka Day Camps 705-726-6421 ext 252 Sm_camp@ymca.ca Barrie, Orillia, Midland, Collingwood, Innisfil, Parry Sound	<b>◇ ② ※ ▲</b> ★	D	х	X	х	х		х	Yes	Yes	Integrated	Call for support options



*YMCA of Simcoe Muskoka: Camp Kitchekewana 416-503-0088 (Reach for the Rainbow) Camp_kitchikewana@ymca.ca Honey Harbour	<b>◇ ② ★</b>	O/N	X	X	х	х	х	х	Yes	Yes	Integrated	Supported by Reach for the Rainbow staff
*YRDSB Summer Institute 905-884-2046 ext 240 Performanceplus.si@yrdsb.ca Various Locations	<b>③ ▲ ★</b>	D	X	X			X		no	No	Integrated	Specialized program for DD. Call for support options