



THE ONTARIO

caregiver
ORGANIZATION

RESOURCES AND
EDUCATION



Supporting Caregivers Supports Patients -

The Critical Role of Primary Care in Preventing Caregiver Burnout

There are 4 million caregivers across Ontario, providing an estimated 75% of the care to family members, partners, friends, or neighbours. Caregiver well-being has an impact on patient health outcomes - well-supported caregivers are more likely to provide better care. Primary care providers can play a key role in preventing burnout and enhancing caregiver well-being by initiating early interventions and connecting caregivers to support.

Co-hosted by The Ontario Caregiver Organization and the Primary Care Collaborative, this webinar will include insights from a caregiver with lived experience, as well as examples of primary care initiatives across Ontario that are connecting caregivers to support.

Participants will learn to:

- Identify the caregiver role as it relates to patient care and health outcomes
- Describe the impact of caregiving on caregiver well-being and capacity to continue in their role
- Identify barriers to addressing caregiver burnout and apply strategies to mitigate those barriers
- Use practical tools and action steps to support caregivers and prevent burnout
- Recall programs and services that are available for all caregivers across Ontario offered by The Ontario Caregiver Organization.

Date: Thursday, November 24, 2022

Time: 12pm - 1pm EST

Place: Zoom (link provided via email to those who register)

Cost: Free

- Please note that this presentation is available in English only.
- Pour de l'information sur nos programmes et services en français, visitez www.ontariocaregiver.ca/fr ou communiquez avec nous par courriel à info@ontariocaregiver.ca.
- For any difficulty with registration or any other questions, please contact us at info@ontariocaregiver.ca or call 1-888-877-1626 X 1011

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