



SUMMER DROP IN EVENT



Only **\$2.00**
per participant

MORNING AT THE PARK

This drop-in program provides an inclusive environment for children to participate in playground activities in a natural setting. It is facilitated by a physiotherapist offering a range of integrated activities to help you and your child access the playground. You and your child will have the opportunity to meet new friends while exploring, learning and having fun outdoors. You will get individualized strategies to help increase opportunities for physical activity, have fun and make memories. Siblings are welcome!

ACTIVITIES

- Gross motor skills: negotiating playground equipment, obstacles, walking/wheeling on uneven terrain, endurance and balance activities and muscle strengthening
- Muscle sense and movement activities: pushing, pulling, climbing, rolling and carrying
- Upper extremity strength and coordination: strengthening of arms, hands and fingers; hand-eye coordination
- Social communication-playground games that foster sharing and working together

JUL 04

RICHMOND HILL | 9:30-11:30AM

Crosby Park, Richmond Hill, ON
(corner of Newkirk Road and Crosby Avenue, behind Centennial Pool)

JUL 11

VAUGHAN | 9:30-11:30AM

Chancellor Park
350 Ansley Grove Avenue
Woodbridge, ON

JUL 18

NEWMARKET | 9:30-11:30AM

All Our Kids Play Park
535 Timothy Street, Newmarket, ON

AUG 01

RICHMOND HILL | 9:30-11:30AM

Meander Park
99 Alpaca Drive, Richmond Hill, ON

Meet at the slides for all locations upon arrival

Registration by email to
Stephanie Lurch
Stephanie.Lurch@ycdsb.ca