

**Thursday May 28, 2020**

**6:30 to 8:30 pm**

Location: via Zoom

Strategic Area of Focus
Evolve Services
Nurture Relationships
Strengthen Capacities

No	Area of Focus	Agenda Item	Discussion/Action
1.		<b>Welcome and Introductions</b> —sharing our talents!	Chair welcomed the members to the videoconference meeting.
		<b>Agenda</b> –Any additional agenda items <b>Meeting Notes</b> –approval of April 30 <sup>th</sup> , 2020 meeting notes	No changes agenda approved. Minutes approved for posting on website
		<b>Standing item:</b> Successes and Challenges Check in --How are families coping? What do families need at this time?	<b>Challenge:</b> Covid and Group Homes- Lots of advocacy has been happening in this area. Families want recognition as being essential if their child lives in a group home setting. <b>Success:</b> Sibshop sessions were held virtually (90 mins). Lots of positive feedback. CTN will continue to support these together with partners. Possible idea to pace sessions like this for children with special needs. Maybe do something like this this year to replace park events? <b>Challenge:</b> School boards connecting with families. Families are finding inconsistencies across boards in how on-line learning is delivered. Requires families to adapt to make the learning accessible to children with special needs. Unique needs of the child do not appear to be considered. The amount of time over videoconference is not enough to be effective. Families expressed concern as to what September would look like. Reaching out to families to see what might be helpful would be positive step. Lots

		of families have given up on education for this year and are waiting for September.
	<b>Annual General Meeting – FAC Presentation</b>	<p>Chair to present FAC update at the Annual General Meeting June 17<sup>th</sup>. Discussion focused on presenting accomplishments and the newer role of FAC. How we work together to bring issues forward.</p> <p>List of accomplishments:</p> <ul style="list-style-type: none"> <li>• Graduation initiative</li> <li>• Chai and Chat</li> <li>• Self-Advocacy workshop –include youth as part of IPRC meeting, All about me for younger children</li> <li>• Mental health supports for families</li> <li>• Support for children with rare disorders</li> <li>• Review of Coordinated Service Planning Model of Service</li> </ul> <p>Talk about shift to FAC and also role FAC plays; How does FAC work with CTN:</p> <ul style="list-style-type: none"> <li>• Idea generator</li> <li>• Critic</li> <li>• Story Teller</li> <li>• Detective, etc</li> </ul>
	<b>Family Reference Sheet – what to do if you or your child contracts COVID -19</b>	Work continues on this. Next step is to include some service provider input.
	<b>Evaluation Questions for the Family Mentor Program –what do we want to know?</b>	<p>Heather informed the group that we will be looking at evaluating our Family Resource Program as part of our commitment to the Ontario Trillium Foundation. What is it we would like to know from our mentors and mentees?</p> <p>Two pronged approach using focus groups and mentor surveys. Marisha will conduct the focus groups.</p> <p>Group put forward possible questions:</p> <ul style="list-style-type: none"> <li>• What steps could we take to improve the program?</li> <li>• How do we best address the issue of families wanting a</li> </ul>

		<p>friend or play date?</p> <ul style="list-style-type: none"> <li>• What keeps you participating as a mentor?</li> <li>• Addressing boundary issues.</li> <li>• Families asking why I am being discharged?</li> <li>• What things would increase engagement—ongoing training, webinars, meet ups</li> <li>• Value of volunteer recognition</li> </ul> <p><b>Action: Heather to continue to work with Marisha to develop a survey monkey for Mentors. Will send to FAC members first to review. FAC members to review from the perspective of their FAC role.</b></p>
	<p><b>Updates:</b></p> <ul style="list-style-type: none"> <li>• Graduation –beyond High School</li> <li>• F Words</li> <li>• Self-Advocacy Workshop</li> <li>• Family Navigation Project, Sunnybrook</li> </ul>	<ul style="list-style-type: none"> <li>• Heather and Kim are bringing together a group of youth to discuss the F-words and will survey the group as to what would be meaningful to them around graduation from CTN. Will bring results back to FAC in June.</li> <li>• Self-Advocacy workshop – this continues to be something FAC is interested in presenting.</li> <li>• Karen Steele updated group on a meeting she had with the Family Service Navigator from Sunnybrook. Service is available to teens and adults (13-26 year olds) living in York, GTA and Durham. Involves brief screening over the phone. Involves public and private sector including 3 psychiatrists. <b>Action: Karen will arrange to have the navigator attend our September meeting to inform the group of this service.</b> Rahila added that York Hills and YSSN are providing a lot of mental health services to families during this time.</li> </ul>
	<p><b>Training/workshops for families – needs and ideas</b></p>	<p>Michelle and Heather reminded members to forward any training suggestions for families as we look to what we can provide over the year.</p> <p>Ideas shared included:</p> <ul style="list-style-type: none"> <li>• Self-Advocacy Workshop</li> <li>• Preparing for back to school in person</li> </ul>

			<ul style="list-style-type: none"> <li>• Speaker forum-once per month a family speaks about a certain subject –<i>“talking to other families helps you to know you are doing ok”</i>. This could involve being paired with a professional</li> <li>• Fun ways to keep your child engaged at home</li> <li>• Boomerang and Grandview videos – excellent –perhaps CTN can build on these? Or link with them</li> </ul> <p><b>Action: Family Resource Program to consider these ideas/suggestions in the training/event plan for year to come.</b></p>
		<p><b>Updates from Committees and Community Activities</b></p>	<p>No updates</p>
		<p><b>Next Meeting:</b> <b>Discussion re:</b> June 25, 2020 meeting</p>	<p>Decision to schedule June Meeting for June 25<sup>th</sup> at 6:30 via Zoom videoconferencing. That will be our last meeting until September.</p>