



#### **Equipment Loan Program Family Guide**

**Building Brighter Futures Together.** 

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# The 6 F Words For Child Development Recreation Equipment Edition





Using adapted recreation equipment offers a unique opportunity for children and youth in your FAMILY to have FUN, make FRIENDS, get active outside (FITNESS), develop new skills (FUNCTIONING) and make memories that last a lifetime (FUTURE).

## **Equipment Loan Program**



#### What We Do

CTN supports children, youth and families by focusing on the <u>F-words for Child Development</u>. Every child with varying abilities has the right to have **fun**, enjoy **friends**, **function** as they are, access **fitness**, plan for their **future** and join in **family** activities like biking and hiking.

<u>The Equipment Loan Program (ELP)</u> provides access to specialized recreation, therapy and complex clinical equipment so children and youth with disabilities and developmental needs can participate with their family and friends at home and in the community. If your child is involved with an occupational therapist (OT) or physiotherapist (PT), speak to them first about which equipment would be most appropriate for your child.

CTN and our partners would like to thank the Ontario Trillium Foundation for their generous contribution to make the Equipment Loan Program possible.

## **Equipment Categories**

## **Therapy Equipment**

Looking for small therapy equipment to support your child's daily living activities? Look no further!

Your child's therapist has access to a large database of loanable therapy equipment such as:

- Adapted bath seats
- Therapy balls for gross motor skills development
- Movin' sit cushions
- Hokki stools
- Other equipment for mobility, positioning and seating

All therapy equipment is stored at CTN sites and can be borrowed for up to 12 weeks. This is a great opportunity to try it with your child before deciding whether you'd like to purchase your own.

Speak to your child's therapist about what equipment might benefit your child and family.





## **Equipment Categories**



## **Complex Clinical**

If your child has a physical disability, your child's therapist may determine that they would benefit from our complex clinical equipment.

This equipment is primarily stored at our Barrie and Richmond Hill sites and can be borrowed for long periods of time, up to one year.

Complex clinical equipment includes items such as:

- Walkers
- Wheelchairs
- Standers
- Adapted chairs

Speak to your child's therapist about what equipment might benefit your child and family.



## **Equipment Categories**



#### **Recreation**

Our adapted recreation equipment is a wonderful way for children and youth to join in fun family activities!

Recreation equipment is stored and may be picked up at our Barrie and Richmond Hill sites. If your child is involved with an occupational therapist (OT) or physiotherapist (PT), speak to them first about which equipment would be most appropriate for your child.

Families can borrow equipment for up to two weeks.

If you'd like to learn more about how to borrow recreation equipment or if you have any further questions, please email <u>equipment@ctnsy.ca</u>.





# **Recreation Equipment**

Join in Fun Family activities! Email <u>equipment@ctnsy.ca</u> for more information

## **Recreation Equipment**



#### **Eligibility and Process**

Recreation equipment can be borrowed by all families living in Simcoe County or York Region, who have children and/or youth with disabilities or developmental needs.

#### Steps for borrowing recreation equipment:

1. A parent or therapist sends an email to equipment@ctnsy.ca.

2. Once the request has been received, CTN will notify the family or therapist regarding availability via email. If equipment is not available at this time, it may be reserved for a future date.

3. Completion and acknowledgement of liability form is completed.

4. CTN will arrange a no contact pick-up and drop-off time outside a site.

#### Other information:

- CTN will follow equipment cleaning procedures prior to pick up and drop off.
- If physical adaptations are required for equipment, please speak to someone on your child's team.
- Families must be able to load and transport the equipment independently.
- Equipment may be borrowed for two weeks.



## Biking

	Try this if user:	Other important details:	
Freedom Concept DCP 12	<ul> <li>Had an OT or PT recommend</li> <li>Would benefit from a supportive seating system</li> <li>Is between 4-8 years old</li> <li>Weighs less than 125 lbs.</li> </ul>	<ul> <li>Bike height 41" (without seat)</li> <li>Bike length 43"</li> <li>Bike weight 45 lbs.</li> </ul>	
Freedom Concept DCP 16	<ul> <li>Had an OT or PT recommend</li> <li>Would benefit from a supportive seatin g system</li> <li>Is between 7 years old – early teens</li> <li>Weighs less than 150 lbs.</li> </ul>	<ul> <li>Bike height 42.5" (without seat)</li> <li>Bike length 47"</li> <li>Bike weight 50 lbs.</li> </ul>	
Freedom Concept ASR 2011 (Odyssey)	<ul> <li>Weighs less than 225 lbs.</li> <li>Has inseam from 19" to 34"</li> <li>Would benefit from semi-recumbent chair with up to 10' tilt</li> </ul>	<ul> <li>Bike height 37.5"</li> <li>Bike length 77"</li> <li>Bike weight 86 lbs.</li> <li>Optional rear steering</li> </ul>	



#### **Biking Continued**

	Try this if user:	Other important details:	
Worksman Port-O-Trike	<ul> <li>Does not need seating supports</li> <li>Is adult-sized</li> <li>Weighs less than 210 lbs.</li> </ul>	<ul> <li>3 speeds</li> <li>Folds to 32" x 30" x 29.5"</li> </ul>	J.
Stab Fixe Stabilizing Wheels	<ul> <li>Would benefit from stabilizing wheels on a regular adult bike</li> <li>Does not need seating supports</li> </ul>	<ul> <li>Fits bikes with 20" wheels or larger</li> <li>Requires an adjustable wrench</li> </ul>	O COO



#### **Biking for Preschoolers**

Amtryke (hand and foot pedal)		Y Bike	
Balance Bike	a de	Kettler Tricycle	

### **Biking Alternatives**

Excer-rider (with back support and extended handles) Roller Racer

This is therapy equipment, speak to your OT or PT to see if your child might benefit.



## Hiking

	Try this if user:	Other important details:	
FreeWheel Wheelchair Attachment	• Wants to use manual wheelchair as an all-terrain chair	<ul> <li>Use with a rigid framed wheelchair:</li> <li>Footplate height of 2" - 4 ¾"</li> <li>Standard pneumatic tire</li> <li>Standard footplate</li> </ul>	
Hippocampe All Terrain Chair	<ul> <li>Small (under 4'7")</li> <li>Medium (4'7" to 5'9")</li> <li>Large (5'9" to 6'3")</li> <li>Weighs less than 285 lbs.</li> </ul>	<ul> <li>Optional headrest, harness, beach wheels, rear and front ski kit</li> <li>Folds into carrying bag</li> <li>Weighs under 40 lbs.</li> </ul>	
We Carry Kevan Backpack	<ul> <li>Wants to hike where wheelchairs, walkers or rollators cannot go</li> <li>Weighs less than 60 lbs.</li> </ul>	<ul> <li>Total load with rider and backpack should be no more than 70 lbs.</li> </ul>	



### **Fun in the Water**

	Try this if user:	Other important details:	
Water Way Babies Neck Flotation Device	<ul> <li>Had an OT or PT recommend</li> <li>Small (up to 25 lbs., neck circumference up to 10.5")</li> <li>Medium (23-40 lbs., neck: 11-11.5")</li> <li>Large (40-150lbs., neck: 12-15")</li> </ul>	<ul> <li>ALWAYS SUPERVISE CHILD WHEN WEARING THIS DEVICE</li> <li>Must be inflated</li> </ul>	G
Hippocampe With Beach Wheels	<ul> <li>Small (under 4'7")</li> <li>Medium (4'7" to 5'9")</li> <li>Large (5'9" to 6'3")</li> <li>Weighs less than 285 lbs.</li> </ul>	<ul> <li>Optional headrest, harness</li> <li>Folds into carrying bag</li> <li>Weighs under 40 lbs.</li> </ul>	C. C. C. C.
<b>Splashy</b> **This is therapy equipment – speak to your OT or PT to see if your child might benefit	<ul> <li>Had an OT or PT recommend</li> <li>Would benefit from supported seating to sit at beach or near water</li> <li>Is between ages 1-8</li> <li>Weighs less than 66 lbs.</li> </ul>	<ul> <li>Sit upright or recline in 26 recline positions</li> </ul>	



#### Fun on Ice

	Try this if user:	Other important details:
Sledge Sled	<ul> <li>Wants to skate on ice or try sledge hockey</li> <li>Sizes available to support hip width from 10" to 16"</li> </ul>	<ul> <li>Variety of sled sizes available, some with optional accessories including: push bar, back support, anti-tippers and lateral supports</li> </ul>



### **Fun in Snow**

	Try this if user:	Other important details:	
Polar Stroller Skis (for strollers, walkers, rollators and wheelchairs)	<ul> <li>Is in a single or double stroller</li> <li>Uses a walker or rollator with wheel diameters from 4 to 14 inches</li> </ul>	<ul> <li>Each ski supports up to 200 lbs. of rider weight</li> <li>May also work for some wheelchairs</li> </ul>	
Snow Coach Adaptive Snow Sled	<ul><li>Weighs less than 200 lbs.</li><li>Has good head, neck and trunk control</li></ul>	<ul> <li>Not for children under 3</li> <li>Adult and child/youth brakes</li> <li>Coach weighs 35 lbs.</li> <li>Optional adult steering</li> </ul>	
Hippocampe With Rear and Front Skis	<ul> <li>Small (under 4'7")</li> <li>Medium (4'7" to 5'9")</li> <li>Large (5'9" to 6'3")</li> <li>Weighs less than 285 lbs.</li> </ul>	<ul> <li>Optional headrest, harness</li> <li>Folds into carrying bag</li> <li>Weighs under 40 lbs.</li> </ul>	



#### Crafting

	Try this if user:	Other important details:	
Functionalhand	<ul> <li>Has difficulty gripping and holding items</li> </ul>	<ul> <li>Holds a wide range of everyday tools and objects of varying shapes</li> <li>Angle can be adjusted</li> <li>Can be used with EazyHold cuff</li> </ul>	
EazyHold Universal Cuff	<ul> <li>Has difficulty gripping and holding items</li> </ul>	<ul><li>Available in a set of 7 sizes</li><li>Can be used with Functionalhand</li></ul>	
		The Functionalhand and EazyHold cuff can be used together, as shown in picture.	

#### This is therapy equipment, speak to your OT or PT to see if your child might benefit.<sup>1</sup>

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## **CONNECT WITH US:**

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