



Children's  
Treatment Network

2017-2018

ANNUAL REPORT

# growing TOGETHER

*Building brighter futures together  
for kids with multiple special needs.*

# A Message

## from our CEO and Board Chair

The theme of **Growing Together** seems most appropriate as we mark our 13<sup>th</sup> year as an organization, finalize our next four-year strategic plan, and embark on new areas of support while still committing to provide excellent core services to children and youth with multiple special needs.

CTN continues to grow and mature. With partners and families we have identified areas where we can strengthen supports and services. This year under the Coordinated Service Planning (CSP) initiative, CTN worked in partnership with four other Coordinating Agencies and Dnaagdawenmag Binnoojiiyag Child and Family Services to ensure Indigenous families are able to access appropriate services both on and off reserve. Together we are using our collective experience and expertise to support Dnaagdawenmag Binnoojiiyag Child and Family Services to deliver service to their families.

CTN's Family Engagement Council continues to be a key contributor to our Network, this year bringing the voices of youth and families to the forefront by inviting the Provincial Advocate for Children and Youth to host a town hall at CTN. The candid comments on the experiences, needs, and hopes of families underscore the importance of family engagement at every stage of service planning and delivery.

Over the past several months board members and staff have worked closely with our external consultant MASS LBP in creating our next strategic plan. The input of a wide range of stakeholders was essential to guide us over the next four years. Our new plan will reflect input from partners, our funding ministry, the Family Engagement Council, staff, and board members.



*CTN Board Members (left to right): Louise Paul, Brian Kerr, Plinio Cardoni, Jonathan Gingerich, Melissa Mei, Carole Moore, Gayle Whitehead, Wendy Fairley, Randy Berry and Christianne Abou-Saab. Missing: Zenita Hirji, Vivek Moorthy and Tina Langlois.*

This is just some of the growth we have experienced over the last year. The following pages give you highlights from the events, programs, and services taking place at CTN and in our communities. These stories allow us to celebrate what we accomplish together – with children and youth themselves, families, staff, board members, volunteer mentors, partners, and community organizations. What is clear is the importance of family-centred care as a key value in all of our work. The accomplishments and smiling faces you see in the following pages are the results of deep partnerships and acknowledgement from everyone involved that we are stronger and more effective when we grow together.

### Carole Moore

Chair, Board of Directors  
Children's Treatment Network

### Louise Paul

Chief Executive Officer  
Children's Treatment Network





Children's Treatment Network (CTN) provides more than 7,400 children and youth with multiple special needs in Simcoe County and York Region with rehabilitation and specialized clinical services that are delivered through our partner organizations in the community, education and healthcare sectors.

### Our Vision

Building brighter futures together.

### Our Mission

Through the collective efforts of community partners, we respond to the evolving needs of children and youth with multiple special needs in Simcoe and York by:

- providing and enhancing services
- championing system change
- building capacity

# Children's Treatment Network

## Our Strategic Directions

Our strategy provides a roadmap that guides CTN toward the accomplishment of our mission and vision. We operationalize our goals by organizing our efforts into five key strategic directions:

- 1 Work more effectively as a network**
- 2 Build stronger partnerships and secure additional resources to realize the Network's full potential**
- 3 Lead ongoing innovation and continuous improvement in family-centred, integrated care**
- 4 Improve technologies, tools and processes that streamline network operations and communications**
- 5 Improve access to information, services and supports for families**

## Guiding Principles

CTN's guiding principles define key themes that support our mission, how we engage with our stakeholders and our key accountabilities. CTN is proud to follow the nine guiding principles outlined below:

**Potential and Strengths:** Believing every person has a purpose, potential and worth by focusing on their strengths and abilities.

**Dignity and Respect:** Treating every person as an individual and with dignity, and deserving of our respect as a basis to develop positive relationships.

**Being Inclusive:** Accepting of each child and youth, ensuring equity no matter their life experiences, backgrounds or challenges.

**Family-centred:** Respecting parents, children and youth as integral partners in achieving flexible, holistic and responsive services.

**Shared Responsibility and Commitment:** A partnership model where members value each other, accept shared responsibility and commit to support the network.

**Leadership:** Being leaders and advocates for the people and communities served.

**Evidence-informed and Excellence:** Developing a professional practice and network built upon best practices, being evidence-informed and achieving quality and excellence in all that we do.

**Innovation and Learning:** Fostering a network culture that embraces innovation, continuous improvement and learning, and team approaches.

**Accountability:** Being accountable for the use of the resources provided, the decisions made and acting with integrity and transparency.

# Growing with families

## Family Engagement Council

**Our Family Engagement Council (FEC) continues to provide regular feedback that helps shape services and planning at CTN.** Last fall the FEC hosted Ontario's Provincial Advocate for Youth as part of his provincial listening tour. Over 20 participants shared their challenges related to school, working, volunteering and finding friends.

The FEC has had a focus on youth and transition planning. Both parents and youth have expressed interest from hearing from young adults with special needs about what made a difference to them during their teen years. The FEC is exploring options to engage youth and young adults and provide opportunities for them to share their experiences.

CTN was able to support members of the FEC to attend the annual Ontario Association of Children's Rehabilitation Services (OACRS) conference. This annual event enables parents to meet with other parents and service providers and to hear about different models of service, programs and research.

The Family Engagement Council also started to use the web tool Zoom to facilitate participation from home when attending meetings in-person is too difficult.

## Family Mentor Program

**Trained volunteer family mentors are matched with families seeking guidance and support.** This flexible program aims to help families feel more confident, informed, and supported. Thank you to TD Bank Group for their contribution of \$10,000 to support this program.



**42**  
CURRENT  
VOLUNTEER MENTORS

**150**  
TOTAL REFERRALS  
TO THE PROGRAM

**89%**  
MATCHED FAMILIES  
FELT THEIR  
INITIAL NEEDS FOR  
JOINING  
THE PROGRAM  
HAD BEEN MET  
BY THEIR  
FAMILY MENTOR

**12**  
NUMBER OF  
LANGUAGES  
OUR VOLUNTEERS  
SPEAK,  
REPRESENTING THE  
DIVERSITY OF  
CTN AND  
OUR FAMILIES

**250+**  
PARENTS  
WHO'VE ATTENDED  
OUR PARENT-LED  
WORKSHOPS,  
MENTOR SESSIONS,  
PRESENTATIONS AND  
GROUP SUPPORT  
EVENTS

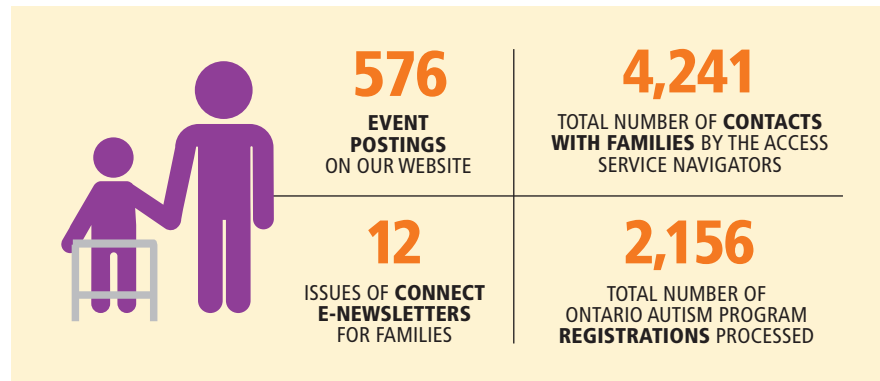
CTN has received a three year grant from the Ontario Trillium Foundation to expand our family mentor program and specifically address the needs of families raising a child with autism. This funding will allow us to engage more families as mentors and offer increased support to those accessing diagnostic hubs and the new Ontario Autism Program.



## GROWING WITH FAMILIES OVER THE YEAR



## More family engagement numbers



## Online resources

Our website is constantly updated with new resources.

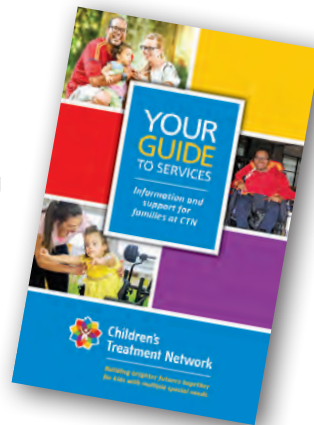
This year's enhancements include:

- A **"Self-care"** section for caregivers
- An expanded **youth and transition to adult services** area developed with input from youth and parents
- Online **forms** for referrals and feedback
- **BrowseAloud** technology providing text-to-speech functionality for those who need reading support, and ability to translate information on our site into most languages
- Info about **Autism Spectrum Disorder (ASD)** with links to resources and tools



## Family guide

We are proud to present our new CTN resource booklet **"Your Guide to Services"**. It welcomes families to CTN with info about accessing services, how we work together with our partners, privacy, the shared electronic record, our events, how to provide feedback, and how to meet other CTN parents.



## Focus on diversity

We want all families to be able to be informed, and feel welcome at CTN.

We've made a concerted effort to increase our ability to provide services in both of Canada's official languages.

We received a grant from the Canada Ontario Agreement on French Language Services which allowed us to hire two part-time Francophone team facilitators to help us connect with French-language school boards and identify French language capacity across our network.

Our Francophone team facilitators hosted Francophone Café for French-speaking York Region service providers, and our family guide was printed in both English and French and appears online in both languages. We created postcards promoting the guide and printed these information pieces in French and English, as well as the top languages requested for translation—Cantonese, Mandarin, Farsi, Arabic and Tamil.

## Volunteers

Many of our families use their experience to give back including volunteering as Family Mentors, assisting at our events, or providing feedback as part of our Family Engagement Council.



### Congratulations!

In April 2017, **Rahila Chughtai**—the vice-chair of CTN's Family Engagement Council (FEC) and CTN family mentor—was honoured with the **Town of Richmond Hill's Volunteer Achievement Award** during National Volunteer Week. Rahila is an enthusiastic and fierce advocate for inclusion

in our community. She has been instrumental in connecting parents with valuable resources and programs for children diagnosed with autism. She has been an engaged and passionate volunteer at CTN for six years and has truly shown commitment to our families.



## Xceptional Biking Program

In partnership with Children's Treatment Network and the City of Markham, the STEPS program offered an eight week biking program which introduced the concept of independent cycling through specialized instruction and specially designed training bikes.



## ACCREDITATION

CARF is an independent, non-profit accreditor of health and human services. Our successful accreditation means CTN has met CARF's internationally recognized organizational and program standards. We are proud to have our commitment to providing excellent, family-centred care for children, youth and families acknowledged with a three-year accreditation, CARF's highest level of accreditation.



### Here are some of the ways CARF reviewed CTN:

- Confidential interviews with staff, youth and families we serve, partners, and other stakeholders.
- Observation of our operations, service delivery practices, and locations.
- Review of our organizational documents, including policies and plans, promotional material, governing documents, and financial statements.
- Review of documents related to our programs and services, including descriptions, records and evaluations.

## A Network Accreditation

**The survey team was impressed with the input from families and partners. Their feedback acknowledged the breadth of service, and dedicated partner staff throughout the Network. Some of the highlights included:**

- ✓ A strong focus on education including excellent resources on our website.
- ✓ Integration of family needs and feedback into program development.
- ✓ Demonstration of good cultural awareness and high satisfaction reports from our families, referral sources, and other stakeholders.
- ✓ A commendable contribution to the advancement of care for children and youth with complex multiple special needs and a strong focus on the inclusion of family.



### CARF found CTN excelled in several areas:

- leadership
- addressing the needs of our families
- effectiveness of our services
- commitment to sound oversight and accountability systems
- dedication and experience of board members
- enthusiasm and commitment to best practices
- effective financial stewardship
- commitment to the rights of our children and youth
- dedication to legal and regulatory compliance
- valuing human resources
- excellent staff retention
- prioritizing of health and safety for families we serve, and staff
- commitment to performance measurement and management
- experts in our field
- highly engaged partners
- ingenious use of shared electronic record
- established sense of cultural sensitivity
- focus on achieving the family's goals using the Single Plan of Care

### Opportunities for improvement:

- human resources performance management—an annual review of all job descriptions
- consistent analysis of provider data
- better preparation for service transition
- review data, reports, dashboards to determine if all are valuable

**Our accreditation indicates that the Network is committed to continuous performance improvement, responsive to feedback, and accountable to the community and its other stakeholders.**



# Growing together



Alliston Birthday Party

CTN held the Family Series Events, to give children and youth opportunities for therapy in fun ways and to try adapted recreation equipment. Our Holiday events give families a chance to celebrate with other families, including our very popular Halloween Events with Trick-or-Treating at CTN local sites. Parent Education events are also popular, with topics including self-regulation, and tax information.



Vaughan Building Fun with Dad



York Spring Fling and Bike Fair



York Halloween





Alliston Halloween



Collingwood Spring Fling



Barrie Easter



Therapy in the Park

## Partnering for Olympic Success!

Over the March Break, the OT PT team ran 3 Olympic themed events in the York region.

The first event was sledge hockey, the second, wheelchair basketball, and the third was an Olympic event with stations including virtual reality soccer and snowboarding, creating Olympic torches, and table top curling.

The sledge hockey was a highlight. It was held in Markham at the Thornhill Community Centre. The sledges were loaned to us by All Sports All People (ASAP), a not-for-profit agency in Simcoe dedicated to providing sporting opportunities for everyone. Staff and therapists from CTN, York Region District School Board, Closing the Gap Health Care, and South Lake Regional Health Centre worked together to make this event a success.

Families came to the rink and everyone was able to participate in the same sport. Moms and dads, brothers and sisters, all got in sledges and marveled at the difficulty, but immense fun, of the sport.

This event helped all involved to understand that therapy doesn't always have to be in a gym and it can be fun! Both families and staff were able to see this! Following the event, not only did some children sign up for sledge hockey but CTN's rehabilitation assistant in Simcoe organized a similar event in Barrie for a school PD day in April.

# Growing our services

## ACCESS Processes Review

We reviewed the processes in our ACCESS department and were able to streamline processes and enhance consistency, efficiency and reduce errors.

## Autism Spectrum Disorder Diagnostic Hub

Our Central Region Diagnostic Hub initiative has now been fully implemented and will receive funding for the next three years. The Central Region Hub, led by CTN, completed 660 diagnostic assessments this year for children suspected of having Autism Spectrum Disorder (ASD) : York and Simcoe teams completed 245 assessments. Kids who have been diagnosed with ASD in York and Simcoe are quickly and seamlessly referred to the Ontario Autism Program through CTN's ACCESS team.

## Child and Family Counselling Services in Simcoe

Simcoe's child and family therapy services had a 12-month-long waiting list. We implemented an alternate approach to service delivery, which has eliminated the yearlong wait and offered families timely access to such a crucial service.

## Enhancing our Service Options

Closing the Gap, in partnership with CTN, hosted *Happy Hands*, the first ever modified-constraint induced movement therapy camp in Simcoe in July 2017. In March 2018 CTN partnered with 1to1 Rehab to offer a March Break camp for children with feeding difficulties. In 2017 *Me and My Community: A pathway to participation* was initiated by CTN in partnership with York Region District School Board and Holland Bloorview. This three year program is for CTN clients in grades 9-11 with goals related to life skills development, volunteering/work, mobility within the community, and making friends.



## Family Workshop Series

In *Making Every Move Count* CTN occupational therapists, physiotherapists and the Family Mentor Program hosted two events for families highlighting how therapy goals and activities can be implemented in everyday routine/tasks. There were also two Parent Information Nights on Sensory Regulation. Both nights were full to capacity with over 45 people in attendance at each one.

## Spasticity Management Services

This year we added a physician to our York team, increasing our capacity by 40%.





### Youth Games Night and Strategic Plan Input

This year 46 youth volunteers assisted running events including our holiday events, and took part in providing feedback on our strategic plan.

## Working together and learning together

- We organized training and education **to support coordinated service planning**, including a privacy workshop with 100 attendees.
- As part of Coordinated Service Planning, **workshops were held for service planning coordinators** focused on autism, fetal alcohol syndrome disorder, acquired brain injury and dual diagnosis.
- Thirty-five people attended two days of advanced training on the Child and Adolescent Needs and Strengths (CANS) service planning tool. Coordinators use this tool with the family **to assist with identifying needs** and the family's priorities, as well as what strengths to build on.
- We supported 18 staff (including speech-language pathologists, psychometrists and a paediatrician) from Central Region to attend training on the Autism Diagnostic Observation Schedule (ADOS-2) **to assist the expansion of multidisciplinary assessment teams** across the region.
- We worked closely with the five regional autism spectrum disorder hubs and Ministry of Children and Youth Services **to develop a provincial evaluation tool**.
- Our rehabilitation services manager planned and led an occupational therapy (OT) and physiotherapy (PT) collaboration day for providers in York and Simcoe. These sessions were attended by 65 professionals and represented an OT/PT community of practice that will **support the evolution of service delivery and ensure best practices** are maintained.
- Our psychology team hosted an open house this past February. The **training day included presentations and speakers**, brought out more than 70 professionals, including speech language pathologists, occupational therapists, physiotherapists, social workers, physicians, educators, psychologists and case coordinators.

# Growing with our partners

Children's Treatment Network is made up of a network of 50 organizations that serve children and youth with special needs, and a small group of staff who work directly for CTN who lead and manage the work of the Network. A shared electronic record ensures all the professionals involved in care share information easily (with consent) and everyone works together with children, youth, and families. Partners come from the education, healthcare, social service and community service sectors to ensure we can support families at home, at school, and in the community.



## Coordinated Service Planning

**As the Coordinating Agency for both York Region and Simcoe County, CTN has been working with our partners to implement this part of the Provincial Special Needs Strategy.** This year was focused on consolidating referral and intake processes, establishing the community of practice and ensuring service planning coordinators receive ongoing training. CTN also engaged a new partner, Kinark Child and Family Services, to host two service planning coordinators. This partnership brings expertise with children's mental health to the team of service planning coordinators, and ensures comprehensive care.

Over the winter CTN provided advanced training on the Child and Adolescent Needs and Strengths tool (CANS) to all those providing coordinated service planning and service navigation. Additional training included workshops delivered by staff from Mackenzie Health focused on specific conditions such as acquired brain injury and autism spectrum disorder, and a workshop focused on Fetal Alcohol Spectrum Disorder (FASD).



CTN launched the Coordinated Service Planning service with two large network events –one in Simcoe and one in York. The events explained the new service, introduced the new Coordinated Service Planning documentation tool within the shared record, reviewed the referral process and the involvement of team members.

## Fetal Alcohol Syndrome Disorder

**As part of the implementation of Coordinated Service Planning, the Ministry of Children and Youth Services also announced funding for the hiring of key workers to assist children with Fetal Alcohol Syndrome Disorder (FASD).** CTN contracted with Catulpa Community Support Services to host two key workers –one for York Region and one for Simcoe. They will assist families raising a child with FASD by providing information and helpful strategies. Like the service planning coordinator they will ensure a plan is in place that helps to focus all team members on goals that are meaningful to the child and family.



## Partnership highlights

- CTN launched a dynamic reporting environment allowing host agencies to log into an automated reporting tool (CART) to obtain service target reports. This new system means **CTN no longer needs to produce individual reports each month for 17 host agencies.**
- Last spring we participated on the Complex Care Kids Ontario Leadership Table, a subcommittee of the Provincial Council for Maternal Child Health, which focuses on services for kids with complex health and rehabilitation needs. This group is focused on providing care that is **better coordinated and provided closer to home** for this group of children requiring specialized medical care.
- CTN partnered with Apple to host “Making your Apple technology accessible”—90-minute workshops for parents and youth on **how to maximize the accessibility features on Apple iPhones, iPads and other products.**
- CTN shared its network model through poster presentations titled “Meeting the Needs of Families Using an Innovative Network Model” at both the American Academy for Cerebral Palsy and Development Medicine (AAPDM) and Canadian Association of Paediatric Health Centres (CAPHC) conferences **profiling CTN’s network model** to these large audiences.
- CTN leadership worked collaboratively with partners to support the implementation of the Ontario Autism Program (OAP) in Simcoe and York and to **maximize the integration of the program with the existing special needs service system.**



### Therapy in the Woods

Therapy in the Woods is an incredible partnership between CTN, Lake Simcoe Region Conservation Authority (Scanlon Creek), and Children’s Development Services at Royal Victoria Regional Health Centre. Activities such as climbing over tree stumps, walking through the forest and collecting bugs, play at a water table, and jumping through hoola hoops are fun first, but lots of therapy as well. A similar program is run in York Region with Early Intervention Services.



## Summary of Provider Survey

Our Provider Survey helps us identify ways to build effective relationships with our partner organizations. Here are a few highlights of the 2017 results:

- **98% are overall satisfied with working with CTN**, areas for improvement included CTN communicating goals, strategies and processes, engaging with service providers, and ensuring they had opportunities to express their opinions.
- Overall, respondents are offering a family-centred practice, with **95% feeling they helped parents feel competent in their role**, with continued increases in areas rating solution-focused coaching including listening, customization of therapy plans, and collaborative goal setting with families.
- The majority of providers are comfortable using the shared electronic record, with **86% feeling the information in the record was useful**. An area for improvement was respondents feeling that every team member was updating the record.



## Our Partners

These groups provide support and services to families and children and come from the education, healthcare and social/community service sectors to ensure we can support children, youth, and their families at home, at school and in the community.



### Core Partners

1to1 Rehab  
1to1 Therapy Services  
Blue Hills Child and Family Centre  
Catulpa Community Support Services  
Closing the Gap Healthcare Group  
Kerry's Place Autism Services  
Kinark Child and Family Services  
Mackenzie Health, Centre for Behaviour Health Sciences  
Markham Stouffville Hospital, Child Development Programs  
New Path Youth and Family Services  
North Simcoe Muskoka Local Health Integration Network

Orillia Soldiers' Memorial Hospital, Children's Therapy Services  
Regional Municipality of York, Early Intervention Services  
Royal Victoria Regional Health Centre, Children's Development Services  
Simcoe Community Services  
Southlake Regional Health Centre  
The Speech Clinic  
York Catholic District School Board  
York Region District School Board  
York Support Services Network

### Affiliate Partners

Barrie Area Native Advisory Circle  
Barrie Paediatric Associates  
Boomerang Health  
Brain Injury Services, Muskoka Simcoe  
Burkevale Protestant Separate School Board  
CHIGAMIK Community Health Centre  
Canadian National Institute for the Blind  
Community Connection  
Community Living Association for South Simcoe  
Community Living Huronia  
Conseil scolaire Viamonde  
Deaf Access Simcoe Muskoka  
E3 Community Services Inc.  
EarlyON Child and Family Centre – Simcoe North  
Epilepsy York Region  
Holland Bloorview Kids Rehabilitation Hospital

Intensive Service Coordination of Simcoe County (Catulpa)  
La Clé  
Learning Disabilities Association of York Region  
Le Conseil scolaire district Catholique Centre-Sud  
March of Dimes Canada  
Morneau Shepell  
Recreational Respite Inc.  
Safehaven Project for Community Living  
Seasons Centre for Grieving Children  
Simcoe County District School Board  
Simcoe Muskoka Catholic District School Board  
Spark Therapy  
VHA Rehab Solutions  
Waypoint Centre for Mental Health Care  
YMCA of Simcoe/Muskoka  
York Paediatric Therapy Services Inc.

### Network Supporters

CanChild Centre for Childhood Disability Research (McMaster University)  
eHealth Ontario  
electronic Child Health Network  
Ministry of Children and Youth Services  
Ministry of Community and Social Services  
Ministry of Education

Ministry of Health and Long Term Care  
Ontario Association of Children's Rehabilitation Services  
Ontario Telemedicine Network  
Ontario Trillium Foundation  
The Hospital for Sick Children



## Working at CTN

CTN's employee engagement committee (EEC) is comprised of six staff members representing different roles and teams throughout our organization.

To date, the committee has reviewed and endorsed CTN's employee performance appraisal and orientation, is contributing to all-staff meetings, and is working towards an employee recognition program. Our new employee newsletter *CTeNgage* focuses on CTN news, people, training, employee life and wellness.

## Training throughout the year

As well as individual professional development, there are a number of group training sessions that help CTN staff be effective in their roles and contribute to our organizational goals.

This year CTN provided staff training on mindfulness, unconscious bias and the impact of cultural awareness on the family's service experience.



## Statement of Operations

Children's Treatment Network of Simcoe York • April 1, 2017 to March 31, 2018

REVENUES	2017/2018	2016/2017
Ministry of Children and Youth Services		
Base Funding	\$13,181,800	\$12,741,550
One Time Funding	2,164,526	573,139
Interest	17,357	8,983
Other	977,701	797,524
<b>TOTAL REVENUES</b>	<b>16,341,384</b>	<b>14,121,196</b>
EXPENSES		
Clinical Services		
Compensation	953,676	788,114
Program Support	463,074	248,339
Contracted Out Services	9,223,831	8,109,680
<b>Total Clinical Services</b>	<b>10,640,581</b>	<b>9,146,133</b>
Service Navigation/Service Co-ordination		
Compensation	623,517	433,456
Program Support	284,009	170,472
Contracted Out Services	962,587	568,149
<b>Total Service Navigation/Service Co-ordination</b>	<b>1,870,113</b>	<b>1,172,077</b>
Partnership Initiative - ABA		
Compensation	251,462	230,627
Program Support	4,621	5,133
Contracted Out Services	0	23,524
<b>Partnership Initiative - ABA</b>	<b>256,083</b>	<b>259,284</b>
Evaluation	72,296	91,284
Family Resource Program (Ontario Trillium Foundation)	58,471	77,974
Administration		
Compensation	1,147,156	1,136,509
Corporate and Program Supports	1,086,143	1,095,178
Occupancy Costs	1,210,541	1,142,757
<b>Total Administration</b>	<b>3,443,840</b>	<b>3,374,444</b>
<b>TOTAL EXPENSES</b>	<b>16,341,384</b>	<b>14,121,196</b>
<b>SURPLUS / (DEFICIT)</b>	<b>\$0</b>	<b>\$0</b>

## Here's a Listing of our Programs and Services\*

**Audiology:** CTN audiology focuses on the prevention, identification, assessment, treatment and rehabilitation of hearing loss in children with multiple special needs.

**Augmentative Communication:** CTN's augmentative communication consultation service helps children who have challenges speaking use augmentative and alternative communication devices.

**Autism Spectrum Disorder (ASD) Diagnostic Hub:** CTN is the lead for the ASD Hub in Halton, Dufferin, Peel, Waterloo, Wellington, Simcoe and York. The Hub provides multidisciplinary assessments for children who are suspected of having autism.

**Brief Family Resourcing:** Families are provided with up to three sessions with a service planning coordinator to help with their funding applications and accessing services.

**Child and Family Counselling:** Therapists work to build the child and/or family's coping skills and resilience. Therapists help families of children receiving other CTN services cope with grief and loss and with social, emotional, relationship or adjustment concerns.

**Coordinated Service Planning (CSP):** CSP assists families whose child accesses multiple services develop an integrated care plan with their team that is focused on the family vision.

**Developmental Assessment and Consultation Services (DACS):** DACS provides diagnostic assessments and medical consultation to children with complex medical and developmental needs.

**Feeding:** The feeding service provides assessment and treatment for children and youth with complex feeding and swallowing difficulties.

**Occupational Therapy:** Occupational therapy focuses on increasing a child or youth's ability to perform activities associated with their everyday life, including self-care skills such as dressing; school and academic skills such as printing and taking the bus.

**Ontario Autism Program (OAP) Intake:** We provide intake for publicly funded OAP services in Simcoe and York for children with a confirmed diagnosis of autism spectrum disorder.

**Physiotherapy:** Physiotherapy provides intervention and support to prevent or improve movement difficulties and promote functional mobility. It can help maximize movement, independence and participation.

**Psychological Services:** These services offer psychological assessment and consultation for children and youth who have complex medical and/or neurological issues.

**Recreation and Leisure Services:** All children deserve to have fun! Activities include adapted sports, community activities and social gatherings that are important to a child's physical, emotional and social and cognitive development.

**Seating and Mobility:** Spasticity refers to change in muscle tone/stiffness. The team works with kids and families to learn how spasticity affects their comfort, care and daily activities and to make treatment recommendations.

**\*Note:** Service eligibility criteria vary by service. Please see the website or call ACCESS for more information.



# Children's Treatment Network

*Building brighter futures together  
for kids with multiple special needs.*

**Connect with the network!**  
Visit [www.ctnsy.ca](http://www.ctnsy.ca)



Facebook: [facebook.com/ChildrensTreatmentNetwork](https://facebook.com/ChildrensTreatmentNetwork)



Twitter: @CTNKids



Pinterest: [pinterest.com/ctnkids/](https://pinterest.com/ctnkids/)

Additional access to services is offered to families closer to home at these local sites:

### York Region

Georgina, Markham, Newmarket, Richmond Hill, Vaughan

### Simcoe County

Alliston, Barrie, Collingwood, Midland, Orillia

If you have any questions about your child's development, the services available in Simcoe County or York Region, or about CTN, please contact our

**ACCESS line: 1-866-377-0286**

### Administrative Offices:

13175 Yonge Street, Richmond Hill, Ontario L4E 0G6  
Email: [info@ctnsy.ca](mailto:info@ctnsy.ca)

Children's Treatment Network is funded by the Ministry of Children and Youth Services (MCYS), and works in close collaboration with network partners funded by MCYS and other ministries including the Ministry of Education, the Ministry of Health and Long Term Care, the Ministry of Community and Social Services, as well as the County of Simcoe and Regional Municipality of York.

Charitable Registration # 830649141RR0001