





One Step at a Time

Are you a parent or caregiver of a child who has received a diagnosis of Autism Spectrum Disorder in the last 6 months?

Join us for our session One Step at a Time through ZOOM Healthcare. This presentation will cover six topics:

- 1. An Overview of Autism Spectrum Disorder
- 2. Emotions after hearing the diagnosis
- 3. Sharing the diagnosis
- 4. Funding options
- 5. Family and caregiver support
- 6. Next steps

Our goal is for caregivers to connect with other caregivers, learn about local services and supports, and feel part of a larger autism community.

Register in advance for one of our upcoming sessions. Once registered, you will receive an email confirmation including the ZOOM link.









Upcoming Dates

February 14, 2023 | 10 a.m. to 11:30 a.m.

Register Here

March 7, 2023 | 7 p.m. to 8:30 p.m.

Register Here

April 18, 2023 | 10 a.m. to 11:30 a.m.

Register Here

May 16, 2023 | 7 p.m. to 8:30 p.m.

Register Here

June 20, 2023 | 10 a.m. to 11:30 a.m.

Register Here

For more information and/or to request interpretation for this session, please contact: dacssupport@ctnsy.ca