

Family Advisory Committee – Meeting Notes

Thursday, March 18, 2021 6:30 pm to 8:30 pm

Location: Zoom Guests: Cecilia Remo-CTN Manager Communications

Strategic Area of Focus
Evolve Services
Nurture
Relationships
Strengthen Canacities

No.	Topic
1.	Welcome and Introductions
2.	Agenda – Michelle asked to add Family Engagement Strategies to the Agenda.
	Meeting Notes – approval of February 18, 2021 meeting notes by P and seconded by A.
3.	CTN Annual General Meeting (AGM) – Cecilia returned to FAC for further discussion re: CTN's 2021 AGM.
	-time will change to 4-6 pm to support increased attendance. Date is June 16 th via videoconference
	-will convene a panel of three: parent, child/youth, sibling to discuss how kids and youth are making and staying connected including the barriers and strategies used to address the barriers.
	-what have we learned this past year to keep connections strong; what are key take-aways
	-discussion followed about including voice of child/youth who is non-verbal and/or a youth with an intellectual disability as often we do not hear from them and often parents speak on their behalf. Suggestion to consider another youth versus a sibling.
	-also suggested that panel consider ethnic diversity as well as diversity of abilities
	-Potential Questions may include: how are you staying connected with friends and family? What are the barriers you have encountered? What lessons have you learned that you will use after the pandemic?
	In terms of the FAC and presenting at the AGM—in the past FAC has provided a presentation at the AGM re: accomplishments. FAC is looking at how to be involved this year –do a presentation? Also could look at building FAC into the introduction or having FAC help to develop or ask the questions of the panelists.
	ACTION: Cecilia to take away feedback. Heather will be assisting and will bring back any questions or discussions back to FAC in the future. Chair will continue to poll membership as to how FAC can participate in the AGM this year.

4.	Successes and Challenges (standing item)
5.	CTN's Pandemic Recovery (standing item)
	CTN is opening additional site locations and continuing to follow the Health Directive 2. Members raised concern that many students are not receiving school-based rehabilitation services at school unless an urgent need is identified. Options for virtual visits remain however scheduling can be a challenge. Concern that children and youth are missing out.
6.	Updates:
	Family Mentor Program
	Heather and Michelle completed a grant application for Bell Let's Talk on behalf of the Family Mentor program. CTN should hear some time in July if we were successful in receiving the grant.
7.	 Recruitment for FAC –committee discussion -always wanting to reach out to invite new members -many FAC members have been on the Committee for several years-Terms of Reference currently set maximum number of years at 6 years. Question as to whether we should look at shorter terms. -would like to have more parents participating who are currently receiving services so that they can inform CTN's services -always wanting to make sure that the committee reflects the clients and families we serve in terms of diversity and inclusion. -Rahila reminded the committee that it will also be time for nominations. Chair and Co-Chair stayed in their positions for an additional year due to the pandemic. The FAC will need to recruit for a vice chair. Action: Michelle to add Terms of Reference to next month's meeting. Members to think about recruitment and how we might broaden our reach.

8.	Family Engagement
	Michelle led a discussion re: how agencies can best obtain input from families and how to engage them in the process.
	-use multiple vehicles –one size does not fit all. Using surveys cannot be the only way to obtain input
	-use individual interviews with open ended questions to enable families to share and expand their responses. Have a neutral person conduct these interviews
	-ensure that questions do not contain a bias or are misleading
	-important to feedback information so that families know that their time was well spent and that the info went somewhere
	-try more questions, more often -use website or social media to get quick responses. Families are tired of long surveys
	-must be mindful that lengthy discussions will be challenging for some
	-have translation available
	-engage youth and young adults- consumers of the service -most often surveys are directed at parents –need to also talk to youth
	-reach out to various communities
9.	Updates from Other Committees and Community Activities (standing item) Lisa shared the name of a not-for-profit group –Cyborg Circus -an arts group focused on dance for disabled youth. In 2020 they launched an arts production for disabled youth to explore gender-identity. <u>About The Cyborg Circus Project Disabled Youth</u> <u> Toronto Ontario</u> .
10.	Next Meeting: April 15, 2021-