

# *Supporting Independence in Daily Routines Group Therapy*

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## **Group Aim, Content, and Participants**

**Supporting Independence in Daily Routines Group Therapy** is designed for children in Grades 4 and 5 who may benefit from extra support in developing independence with daily routines. This group will provide strategies to help children initiate tasks, follow daily schedules, and complete routines in a timely manner. Sessions will focus on building practical skills for managing day-to-day responsibilities and increasing confidence and independence.

This program will be facilitated by a Registered Occupational Therapist.

A complimentary pre-group screening is offered to determine group appropriateness.

## **Group Information**

### ***Duration***

60 minutes/session

### ***Length***

6 weeks

### ***Cost***

\$450.00 CAD - *Check with your insurance provider for coverage*

### ***Dates and Time\****

Sundays from April 12 to May 24, 2026 (2:45p.m. – 3:45p.m.)

\*Excludes Sunday May 17, 2026

Make-up session scheduled on Sunday May 31, 2026

### ***Registration Closes***

Thursday March 26, 2026

For more information, please contact [groups@boomeranghealth.com](mailto:groups@boomeranghealth.com).

## **Boomerang Health powered by SickKids**

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