

Group Aim, Content, and Participants

Executive Functioning Group Therapy is aimed at helping adolescents in Grades 6 to 8 to become more independent in completing tasks. Specifically, this group will address the following skills, but not limited to:

- staying on task
- planning
- following-through
- remaining organized
- adapting to unexpected situations
- managing time
- self-monitoring

Sessions will include role-playing, development of functional strategies for school and home, and activities to enhance cognitive rehabilitation. The first and last group sessions will take place with a caregiver present to assist participants in applying the content learned in the group to real-world settings beyond the clinic.

This group is facilitated by a Registered Occupational Therapist and will take place in-person at the clinic.

A complimentary pre-group screening is offered to determine group appropriateness.

Group Information

Duration

60 minutes/session

Length

8 weeks

Cost

\$600.00 CAD - *Check with your insurance provider for coverage*

Dates and Time*

Session 1: Thursdays from April 9 to June 4, 2026; 4:30 p.m. – 5:30 p.m. (Grades 6 to 8)

Session 2: Thursdays from April 9 to June 4, 2026; 5:45 – 6:45 p.m. (Grades 9 to 12)

*Excludes Thursday May 21, 2026

Make-up session scheduled on Thursday June 11, 2026

Registration Closes

Thursday March 26, 2026

For more information, please contact groups@boomeranghealth.com.

Boomerang Health powered by SickKids

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