Children's Treatment Network





Caregiver Day at Georgian College

For CTN Parents and Caregivers

Join us for a day dedicated to you.

Take time to rest, reflect and recharge. Connect with other caregivers while learning simple ways to support your own well-being.

Enjoy a full massage at the Georgian College student-led massage clinic. Take part in a mindful art activity and explore wellness resources and practices you can use in your everyday life. You'll also have time to connect with other CTN parents and caregivers. Tea, coffee, breakfast snacks, and lunch will be provided.

Leave feeling refreshed, connected, and cared for.

Choose the time that works best for you:
8:30 a.m. to 2:00 p.m., or
10:30 a.m. to 3:30 p.m.

Friday, Nov. 27, 2026

1 Georgian Drive, Barrie

If you have any questions, please contact wellness@ctnsy.ca or call 705-903-8135

Want to stay updated on CTN news and events? Subscribe to CTN newsletters

Register now to secure your spot!

To register, complete the Caregiver Day Registration Form **or scan the QR Code**