

York Region

Inclusive Recreation Program & Activity Guide





What's in this guide?

- Tips for finding recreation programs for your child
- Your special needs child in a recreation program
 - Important Dates to remember
 - Frequently asked questions
- Community Recreation Programs
 - Funding opportunities
 - Transportation Options
 - Helpful resources
- Support Agencies in York Region

This guide is an overview of recreation programs in York Region that offer specialized or general programs with support for individuals with special needs. If you are interested in sending your child to a program that is not listed in this guide, do not hesitate to call the program director and ask what type of support they can provide your child! See Tips and Helpful Hints section for more information about approaching a program that is not listed in this guide.

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What is Inclusive Recreation?

Inclusive recreation programs provide the opportunity for children with and without disabilities to participate in the same activity. In order for inclusive services to be successful, inclusion must be a value that is shared by all parties involved, including agencies, staff, families, participants, and the greater community.

Services and community programs in York Region have worked together to develop inclusive programs with appropriately trained and educated staff and volunteers that provide support for all individuals to participate through activity modifications, assistive devices and disability awareness.

Whether an afterschool, weekend, swimming or day camp program, municipal parks and recreation departments, private recreation providers and non-profit organizations offer a range of programs geared to meet the interests and abilities of all participants.

Inclusive Recreation can also be referred to as *integration*, *adapted* or *accessible* recreation programs.

Recreation Participation: Why Should I involve my child in Recreation?

- learn skills and participate in activities
- enhanced physical abilities
- increase self-esteem and confidence
- increase independence
- improve social skills and make new friends
- develop lifelong recreation attitudes and skills
- improve overall quality of life



Tips and Helpful Hints

Preparing for Success

This section will provide information and tips on finding suitable recreation programs that will ensure successful participation for your child.

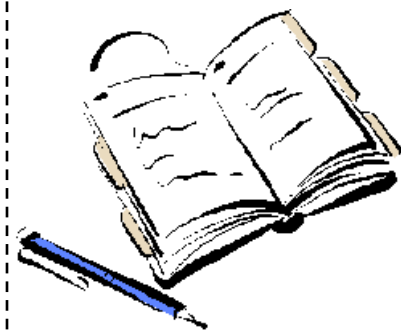
Tip #1: Start Planning Early

Options for 1:1 support, financial assistance, and program availability are often limited and available on a *first-come, first-serve* basis. It is best to start making arrangements for your recreation programs as early as possible to ensure that the necessary support is available.

For general recreation programs that run on a *seasonal* calendar (Fall/Winter/Spring/Summer), program registrations generally begin up to two months before the program start date. (For example, a swimming program that begins in January will normally have registration open mid-November).

Summer Camp registration may be open until camp begins; however, many camps fill up quickly with returning campers. Registrations for specialized and private camps may begin in January and be filled by April!!

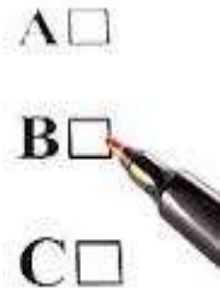
****Think and plan ahead, and begin contacting programs as early as possible to inquire about registration openings.****



Tip #2: Choosing the right program

When considering a recreation program every family should think about their own personal needs and preferences. Just like a child, every program has its own set of characteristics that should be factored into your decision of creating a successful experience.

- **Type of Activity:** Does your child have any specific hobbies or interests? Options can include sports, martial arts, swimming, music, dance, art, nature, computers... Recreation is the reward and entertainment of life and should be focused on an enjoyable activity *for your child*. An enforced hobby can lead to more distress for your child and yourself if they do not enjoy attending the program
- **Routine:** Does the program provide the right level of structure and routine for your child? A drop-in afterschool program may not have the structure of activities that is suitable for your child. As well, an outdoor program, such as golf or skiing, may not accommodate for a predictable routine should one week's class be cancelled for weather.



- **Environment:** Consider your child's needs and the situations they have the most success

- ❖ Group Size –small/ large
- ❖ Time – half day/full day/overnight
- ❖ Space – indoor/outdoor/open spaces/small rooms
- ❖ Sensory needs that may make gyms, pools or arenas difficult?
- ❖ Physical accessibility – beaches/rough terrain/indoors/swimming



- **Swimming:** Swimming is a great activity that can be offered in a structured or recreational setting.
- **Swimming Lessons** are offered to individuals of all ages and abilities, in group and private lessons.
 - Group lessons include individuals of similar swimming ability who learn new techniques together.
 - Private lessons allow for an individual to work one on one with a swimming instructor to learn new techniques
- **Leisure swim** is an open swim offered for individuals of all ages. This is a time for you to practice your swimming and have fun. Often waterslides and diving boards are available for you to use.

Tip #3: Assess the attitude towards inclusion

- Does the program mention inclusion or supports for children with special needs in its literature?
 - ❖ Some recreation guides include a “special needs”, “integration” or “adapted” sections that are separate from their general programs





- Just because there is not “with special needs” in a program description, does not mean the program is not open to providing support
- If you call the program, are they open and interested in discussing your child’s individual needs? Sometimes all it takes is a request and the program is happy to accommodate.

Disability
MID Speech
Anxiety
DD
Mental Health
Gifted
Hearing Physical
Special
Learn
Autism

Tip #4: Consider Support Needs:

Many recreation programs are recognizing the need to provide additional support to successfully integrate children with special needs into general recreation programs. Consider the type of support your child needs to be most successful in a recreation setting:

- Does your child receive support at school? What kind? (EA, Special Needs Class, regular classroom?)
- Does your child need support with toileting/feeding/changing?
- Does your child need support with redirection, staying on task, focusing?
- Does your child need program adaptations?



There are various support options that may be available with community recreation programs:

Adapted Programs	<ul style="list-style-type: none"> ➤ Programs are often provided at a lower staff to participant ratio (for example 1 staff for every 3 or 4 participants, instead of 1 staff for every 8 to 10 participants). ➤ Programs and activities are often modified and adapted to meet the needs of your child with special needs and can be a great opportunity for your special needs child to meet and interact with other children who may be working to overcome similar barriers.
One to One Support	<ul style="list-style-type: none"> ➤ Some programs offer one to one support through additional staffing. These support workers may come at an additional cost (typically an hourly wage) and are assigned to your child for the duration of the program. ➤ A one-to one support worker is encouraged if your child needs assistance with toileting/feeding/changing, has high behavioural needs or safety concerns. These workers are typically provided additional training around disabilities, personal care, and program adaptations so they can provide a fully inclusive opportunity for your child.
Volunteer Support	<ul style="list-style-type: none"> ➤ Some programs may also offer volunteers to provide additional support in a program. ➤ Volunteers may be 15 or 16 years and older and are a great option if your child is high functioning and requires an extra hand with redirection, staying on task, focusing, etc. ➤ Volunteers typically will not provide support around toileting/feeding or high behavior concerns.
Your Own Support Worker:	<ul style="list-style-type: none"> ➤ Most programs are happy to accommodate a support worker the family provides, whether it is a family member, family friend or respite worker, they should be allowed to attend the program at no charge, providing they follow volunteer policies and produce a criminal reference check.

- Most municipal recreation departments will provide one to one workers and/or volunteers for children with special needs if requested in advance*
- Some Camp programs may offer the second week of 1:1 support for no cost if you are registering for 2 weeks of camp*
- Some Camps include an initiation fee for their 1:1 support in addition to the hourly wages. This is to ensure adequate time is spent meeting your child, preparing the environment, and adapting the activities in advance to ensure full and successful participation in the program*
- **Be sure to contact your Program Coordinator for additional support options PRIOR to submitting registration forms. Some programs only have a limited amount of spaces for additional support and may not be able to provide this support if registration is already completed. If your child will need support in a program and it is not available, they may not be set up for success in the program and it may end in disappointment**



** (For current York Region Municipality Program Coordinator contact information see the reference section at the end of this guide.)



Tip #5: Provide the Right Information:

It is important to provide the recreation staff information about your child's skills, strengths and challenges to put strategies into place to ensure a successful and stress free experience for everyone involved.

The right program for your child will work with you to create a successful experience

BEFORE the beginning of the program, be sure to provide information about:

- What your child may find challenging - transitions, fine motor activities, unstructured time, sitting still, toileting, feeding, large groups, loud noises, etc.)
- What strategies will help them to manage including tools and techniques you may use at home, what strategies are used at school, what they respond well to, etc.
- Your child's favourite things and interests – this can help the instructors establish a positive relationship with your child
- Safety concerns you may have – wandering or running from over-stimulating environments, balance or mobility challenges? Easily fatigued? Reminders to eat/drink/washroom?



Communication is Key! Inclusion is a team effort!!

If you don't explain your child's needs to the instructor, they will not have the information or the supports in place to help your child be fully included and participate in the program. Without the proper information, the support may not be available to ensure safety and security for not only your child, but also the staff, and the other children in the program.

Tip #6: Get off to a Good Start:

- Visit the program prior to the start – this allows you and your child the opportunity to view the environment, and ideally meet their instructor
- Consider the individual needs of your child – some children may need to arrive early to a program in order to adjust to the new environment, whereas other children may have difficulty waiting or managing unstructured time before the program begins





- Prepare your child for the start of the program - Calendar Countdown, getting them used to the environment or schedule
- Include your child in the preparation – allow them to pick out their swimsuit, lunch, snack, etc...

Tip #7: Communication:

- Check in with the instructor - as often as possible to be aware of accomplishments and challenges
- Pick the right time to speak with the instructor – if drop-off/pick-up times are busy, see if you can call the instructor at another time, or arrive early the next day
- Encourage the instructor to talk with you about effective strategies for working with your child



Top 10 Items Your Child May Need*



Water Bottle
Hat
Sunscreen
Snacks
Bathing Suit
Towel
Change of Clothes
Indoor Shoes
Backpack
SMILE



Questions to Consider / Ask When Choosing A Recreation Program

Questions to ask your child	Questions to ask yourself	Questions to ask the Recreation/Program Coordinator
<ul style="list-style-type: none"> ✓ What are you interested in? (Arts and Crafts, Theater, Sports, Music, Outdoors, etc.) ✓ Do you want to participate in a small or large group? ✓ Do you want an indoor or outdoor program? 	<ul style="list-style-type: none"> ✓ How close do I want the program to my home or work? ✓ How long do I want my child in the program for? ✓ Do I want my child to attend a day camp or an overnight (Residential) camp? ✓ How many weeks do I want my child in this program? ✓ What kind of supports will my child need to be successful? ✓ What are the special needs that I need to inform the program staff of? (ie. Diet, Allergies, medications, behavior, challenges, etc.) ✓ What are some strategies I can give the program to help support my child? 	<ul style="list-style-type: none"> ✓ What does a typical program session look like? ✓ What qualifications and training does your staff receive? ✓ What are the staff to child ratios? ✓ How does the program ensure the safety and security of its participants? ✓ What type of support does the program offer? ✓ What types of activities are planned and what skills do they require to participate? ✓ Is the site accessible? Are there any safety issues? ✓ What is the program philosophy? Are they open to inclusive programming? Is it in their policy? ✓ Is the program accredited by any organization? ✓ Does the program have guidelines for private workers? ✓ Are all the staff CPR/First Aid Certified? ✓ Can my child and I meet the instructor/view the program before the start of the program? ✓ How does the program handle participant information? ✓ Are there other families I can talk to about the program? ✓ If my child does not like the program what is your refund policy?

For more family resources on preparing your child for Recreation Programs:

http://participation-environment.canchild.ca/en/families_tip_sheets.asp

http://participation-environment.canchild.ca/en/want_to_participate_tip_sheets.asp

Calendar – Important Events

January:

- ❖ Begin searching for your summer camps! Funding options are distributed fast and camps can fill up quickly!! Start narrowing down options, and finding out about support
- ❖ Start registering for March Break programs – ask about funding and support
- ❖ Kids in Camp funding applications due to Camp Directors by end of January (OCA Camps)
- ❖ Autism Ontario March Break Reimbursement Fund applications due mid-month
- ❖ Kerry's Place Central East Respite Flex Funding Applications Available

February:

- ❖ Register for March Break programs
- ❖ Municipality summer program and camp guides available
- ❖ Kerry's Place Respite Flex Funding Applications Due mid-month
- ❖ Registration begins for municipality spring programs – check your local guide

March:

- ❖ CTN Special Needs Information Fair - In partnership with the City of Vaughan
Saturday, March 28th
Vellore Village Community Center
- ❖ Summer Dreams Applications Due March 1st (OCA Camps)
- ❖ Registration begins for municipality spring programs – check your local guide

April:

- ❖ CTN Adapted Bikes and Trikes Fair
- ❖ Search for funding and registration for summer camps and programs!

May:

- ❖ Register for Summer programs and camps
- ❖ Deadlines for some programs for requests for 1:1 supports in summer programs – make sure to ask program if they have a deadline
- ❖ Registration for municipality summer programs – check your local guide

June:

- ❖ Register for Summer programs and camps
- ❖ Deadlines for some programs for requests for 1:1 supports in summer programs – make sure to ask program if they have a deadline
- ❖ Registration for municipality summer programs – check your local guide

July/ August:

- ❖ Local municipality Fall/Winter Recreation Guides available
- ❖ Registration for Fall Programs (August)
- ❖ Begin Searching and considering your funding options! Some applications available in the Fall

September:

- ❖ Fall programs being
- ❖ OFCP Funding available (Sept 1st – June 1st or until distributed)
- ❖ Don't forget about school clubs and activities!

October:

- ❖ CTN Inclusive Halloween Trick or Treat Event – open to everyone!

November:

- ❖ Camp Awakening applications available online
- ❖ AMICI Charity (OCA camps) funding renewals due November 15th
- ❖ Begin registering for Winter Break Camps

December:

- ❖ Easter Seals Camp applications available mid-month
- ❖ Easter Seals Recreation Choices funding (\$250) available mid-month
- ❖ Autism Ontario March Break Reimbursement Fund applications available
- ❖ Winter Recreation Guides available from Municipalities
- ❖ Registration Opens for Winter programs

CTN Hosted Events – York Region

Children's Treatment Network is proud to offer a number of events throughout the year that provide opportunities for kids and families to participate in special and inclusive events in York Region. These have included:

- Inclusive Halloween Trick or Treat Event
- Special Needs Information Fairs
- Day at Coopers Farm
- Adapted Bikes and Trikes
- Holiday Parties at our local sites



A detailed list of these can be found on our website www.ctnsy.ca. We also send out regular communications about “what happening in York Region”. To get on our mailing list please contact Patricia Roberts (probarts@ctnsy.ca) and request to be added to our distribution list.

CTN Coffee Chats

Please join us for this wonderful opportunity to talk, relax & network with fellow parents &/or caregivers of children/youth living with special needs, in your community! Bring a friend or pass the word along, all are welcome.


Coffee Chats are held in each municipal area of York Region once a month at a local coffee shop. Check out www.ctnsy.ca/aboutctn/listofevents.php for updated list of events each month.



For more information on any of these events, please contact Lizz Berry, Local Team Facilitator at eberry@ctnsy.ca

Keep your eyes peeled on the CTN website and Facebook page for more information about events!

www.facebook.com/ChildrensTreatmentNetwork
www.ctnsy.ca

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Community Programs

Municipality Supports

- ALL of the local municipalities in York Region support children with special needs
- They offer a variety of programming from swimming, arts and crafts, sports, social clubs, drop-in dances, skating and hockey, and summer camps.
- Additional support is available for your child with special needs when requested in any of the general recreation programs
- Some municipalities offer adapted and specialized programs specifically designed for individuals with special needs
- Summer Day camps are available at various locations and will often provide trained 1:1 staff for your child when requested.

*This guide may list some of the programs/partnerships offered at local municipalities. For additional information about municipal recreation programs in your area check out their respective Recreation Guides, available online and at your local community centers.

****If your child requires additional support in a program or day camp, please contact the Recreation Programmer BEFORE registering for any program****

Municipality	Contact Name
Town of Aurora www.aurora.ca	Gregory Peri (summer) – 905-727-3123 ext. 3515 gperi@aurora.ca Franco Demarco (fall/winter) – 905-727-3123 ext. 3121 FDeMarco@aurora.ca
Town of East Gwillimbury www.eastgwillimbury.ca	Kevin MacKinnon – 905-478-4282 ext. 1236 kmackinnon@eastgwillimbury.ca
Town of Georgina www.georgina.ca	Winter Mitchell – 905-476-4301 ext. 2313 wmitchell@georgina.ca
Township of King www.king.ca	Chris Fasciano – 905-833-5321 ext. 5321 cfasciano@king.ca
City of Markham www.markham.ca	Program Coordinator – 905—477-7000 ext. 3930
Town of Newmarket www.newmarket.ca	Pat McIntosh – 905-953-5300 ext. 2710 pmcintosh@newmarket.ca
Town of Richmond Hill www.richmondhill.ca	Integration Coordinator – 905-884-0855 ext. 226
Town of Whitchurch-Stouffville www.townofws.ca	Micole Ongman – 905-640-1910 ext. 2323 Micole.ongman@townofws.ca
City of Vaughan www.vaughan.ca	Mihaela Neagoe – 905 832-2377 ext. 7405 Mihaela.neagoe@vaughan.ca

Adapted Aquatics and Pool Listings

Town of Aurora	What:	Special Needs Lessons Semi/Private Lessons Group Lessons Recreation Swim	1:1 Support if needed	
	Ages:	All ages		
	Locations:	Aurora Family Leisure Complex **Currently Closed for renovations. Will re-open in 2015** 135 Industrial Parkway, 905-841-7529	Ramp entry	Temperature: Main Pool → 85°F Hot Tub → 104°F
		Stronach Aurora Recreation Complex 1400 Wellington St. E. 905-726-4770	Beach Entry and Chairlift	Temperature Main Pool → 83°F Leisure Pool → 88°F Therapy Pool → 90°F
	To Register:	Terri Edwards 905-727-3123 ext. 3123 tedwards@aurora.ca		

Town of East Gwillimbury	What:	Private Lessons Group Lessons	Salt Water Pool, Stairs	
	Ages:	Children (up to 13 years of age)		
	Locations:	Newmarket Inn 18667 Yonge St. 905-895-4585		
	To Register:	Kevin Mackinnon 905-478-4282 ext. 1236 kmackinnon@eastgwillimbury.ca		

Town of Georgina	What:	Exceptional Swim Time Recreation Swim	3:1, 2:1, 1:1	
	Ages:	Children (up to 13 years of age)		
	Locations:	Georgina Leisure Pool 5279 Black River Rd. Sutton 905-722-1429	Ramp entry, mechanic seat, large steps	Temperature: Main Pool → 84°F Beach Pool → 89°F
	To Register:	Stephanie Kirkpatrick 905-722-1429 ext. 140 skirkpatrick@georgina.ca		




Township of King	What:	Group Lessons Semi Private Private	1:1 support available if requested	
	Ages:	Children		
	Locations:	Nobleton Lions Outdoor Pool 15 Old King Rd. Nobleton 905-833-5321 ext. 5223	Outdoor Pool	
	To Register:	Chris Fasciano 905-833-5321 Cfasciano@king.ca		

City of Markham	What:	Adapted Aquatics Group Lessons Semi Private/ Private Recreational Swim	1:1 support available if requested	
	Ages:	Children		
	Locations:	Angus Glen Pool 3990 Major Mackenzie Dr. 905-944-3777 ext 7111	Ramp Entry, wheelchair accessible change rooms	Temperature: Main Pool → 85°F Leisure Pool → 92°F
		Centennial Pool 8600 McCowan Rd. 905-294-6111 ext. 4343	Portable Aqualift, removable ladder, Dive well	Temperature: Main Pool → 82°F Small Pool → 88°F
		Cornell Pool 3201 Bur Oak Ave. 905-479-7753 ext. 4531	Ramps, Therapy Pool, Slide	Temperature: Main Pool → 84°F Leisure Pool → 92°F Therapy Pool → 95°F
		Milliken Mills Pool 7600 Kennedy Rd. 905-477-6410 ext. 3328	Water wheelchair, ramps, large steps	Temperature: Main Pool → 86°F Small Pool → 90°F
		Thornlea Pool 8075 Bayview Ave. 905-889-0766	Wheelchair Lift, new accessible change room	Temperature: Main Pool → 82°F
		Thornhill Therapeutic Pool 7755 Bayview Ave. 905-944-3800	Ramp, water wheelchair, therapy pool	Temperature: Therapy Pool → 93°F
	To Register:	Program Coordinator 905-477-7000 ext. 3930		



Town of Newmarket	What:	Group Lessons Semi Private/ Private Recreational Swim	1:1 support available if requested	
	Ages:	Children		
	Locations:	Magna Centre Dominion Aquatic Centre 800 Mulock Drive 905-953-5325	Ramp and Beach Entry	Temperature: Main Pool → 80-83°F Teaching Pool → 92-95°F
		Ray Twinney Recreation Complex 100 Eagle Street W. 905-953-5301	Ramp	Temperature: Main Pool → 83°F Leisure Pool → 104°F
	To Register:	Pat McIntosh 905-953-5300 ext. 2710 pmcintosh@newmarket.ca		

Additional Swim Programs (Newmarket)	Where:	Whipper Watson Therapeutic Pool at Southlake Regional Health Centre 596 Davis Drive Contact: Carrie-Anne McQuaid Pool Coordinator 905-895-4521 ext. 2389 cmcquaid@southlakeregional.org	Chair lift	
		The Main Pool 241 Main St. North 905-853-1234		Temperature: Main Pool → 89-90°F
		Aquacentre Beyond Abilities Swim School 1215 Stellar Drive 905-853-4466	Private pool, Salt water pool, Therapy Pool	Temperature: Therapy Pool → 92°F

Town of Richmond Hill	What:	Adapted Aquatics Group Lessons Semi Private/ Private Recreational Swim	1:1 support available if requested	
	Ages:	Children		
	Locations:	Bayview Hill Community Centre & Pool 114 Spadina Rd. 905-508-9394	Aquatic Wheelchair, ramp, accessible change room	Temperature: Main Pool → 84°F Leisure Pool → 90°F
		Centennial Pool 161 Newkirk Rd. 905-884-6651	Chair lift, water wheelchair	Temperature: Main Pool → 84°F
		Elgin West Community Centre & Pool 11099 Bathurst St. 905-508-3036	Aquatic Wheelchair	Temperature: Main Pool → 83°F Baby Pool → 93°F

Town of Richmond Hill		Richvale Community Centre & Pool 160 Avenue Rd. 905-737-2956	Water wheelchair, chair lift	Temperature: Main Pool → 87°F Small Pool → 90°F
		The Wave Pool Lois Hancey Aquatic Centre 5 Hopkins St. 905-508-WAVE (9283)	Wheelchair Lift	Temperature: Large Pool → 96-97°F Small Pool → 85°F
	To Register:	Integration Coordinator 905-884-0855 ext. 226		

City of Vaughan	What:	Special Needs Lessons Group Lessons Semi Private/ Private Recreational Swim	1:1 support available if requested	
	Ages:	Children		
	Locations:	Al Palladini Pool 9201 Islington Ave. Woodbridge 905-832-8564	Ramp, Accessible steps with hand rail	Temperature: Main Pool → 83-84°F
		Chancellor Pool 350 Ansley Grove Rd. Woodbridge 905-832-8620	Ramp and Wheelchair	Temperature: Main Pool → 83°F
		Dufferin Clark Pool 1441 Clark Avenue W. Thornhill 905-832-8554	Ramp, wheelchair	Temperature: Main Pool → 82-83°F
		Father Ermanno Bulfon Pool 8141 Martin Grove Rd. Woodbridge 905-879-8732	Ramp, wheelchair	Temperature: Main Pool → 84-85°F
		Garnet A. Williams Pool 501 Clark Avenue W. Thornhill 905-832-8552	Ramp, Wheelchair	Temperature: Main Pool → 82-84°F
		Maple Community Centre 10190 Keele St. Maple 905-832-2377	Ramp, Wheelchair	Temperature: Main Pool → 83-84°F
		North Thornhill Pool 300 Pleasant Ridge Ave. Thornhill 905-832-8540	Ramp, Wheelchair	Temperature: Main Pool → 85°F
		Vellore Village Pool 1 Villa Royale Ave. Woodbridge 905-832-8544	Chair lift	Temperature: Large Pool → 82-83°F Small Pool → 83-84°F
		Woodbridge Pool 5020 Highway #7 905-832-8576	Ramp, no steps	Temperature: Large Pool → 85°F Small Pool → 92°F
	To Register:	Mihaela Neagoe 905-832-2377 ext. 7405 Mihaela.neagoe@vaughan.ca		

Additional Swim Programs (Vaughan)	Where:	Aquacentre Beyond Abilities Swim School 2200 Rutherford Rd. Unit 8 Maple		905-417-2525 ext. 39
Town of Whitchurch-Stouffville	What:	Adapted Aquatics Group Lessons Semi Private/ Private Recreational Swim	1:1 support available if requested	
	Ages:	All ages		
	Locations:	Lebovic Leisure Centre 30 Burkholder St. Stouffville 905-642-PLAY (7529)	Wheelchair, lift chair, ramp, accessible change rooms	Temperature: Main Pool → 83°F Teaching/Therapeutic Pool → 90°F
	To Register:	Micole Ongman 905-640-1910 ext. 323 Micole.ongman@townofws.com		

Art Programs



Georgina Arts Centre and Gallery (GACAG)

Address: 149 High St.
Sutton, ON





Contact: Lynda, 905-722-9587
gac@gacag.com
www.gacag.com

- ❖ Art classes for children including clay, drawing, painting, and knitting.
- ❖ Programs are offered evenings, weekends, and on PA Days.
- ❖ Summer camps are also available.
- ❖ The center is committed to the support and integration of children with special needs.
- ❖ Ages: 2- adult
- ❖ Eligibility: All abilities
- ❖ Season: All year
- ❖ Camps: March Break and Summer
- ❖ Fees: for some programs






 <p>ART- Art Therapy – ADHD/ADD City of Markham/Varley Art Gallery</p> <p>Address: 216 Main Street, Unionville</p> <p>Contact: Marsha Mariani 905-477-7000 ext. 3930 mmariani@markham.ca</p>	<ul style="list-style-type: none"> ❖ This eight week course offers children with ADHD and ADD a structured and creative environment for artistic expression. ❖ Through individual and collaborative art making, children will practice social skills, deepen relationships with others and strengthen attention and impulsivity issues. ❖ <i>There will be an initial meeting between Art Therapist and participants prior to the course. All materials provided.</i> ❖ Ages: 7-9yrs, 10-12yrs ❖ Eligibility: ADHD/ADD diagnosis ❖ Season: All year ❖ Camps: Yes various (See City of Markham Recreation Guide) ❖ Fees: \$80/ 8 classes 
 <p>Connect with Art at the McMichael City of Vaughan/ McMichael Art Gallery</p> <p>Address: 10365 Islington Ave., Kleinburg</p> <p>Contact: Mihaela Neagoe 905-832-2377 ext. 7405 Mihaela.neagoe@vaughan.ca</p>	<ul style="list-style-type: none"> ❖ Young artists learn various art forms such as drawing, painting, sculpture and print making under the guidance of an experienced special needs art instructor. ❖ Based on simple philosophy- Explore, Express, Connect – participants are encouraged to work at their own creative pace and engage in cooperative games. ❖ Caregivers of program participants can enjoy a complimentary gallery visit or take a stroll through McMichael's wooded groups while the class is in progress. ❖ Ages: 10+ yrs ❖ Eligibility: various special needs ❖ Season: All year ❖ Camps: Yes various Summer and Winter (see https://mcmichael.com) ❖ Fees: \$439.75/8 classes 
 <p>Paint and Play: Town of Richmond Hill</p> <p>Address: Richvale Community Center</p> <p>Contact: Integration Coordinator Town of Richmond Hill 905-884-0855 ext. 226</p>	<ul style="list-style-type: none"> ❖ Designed for children with disabilities, Paint and Play encourages children to participate in various art activities and active games. ❖ It's a great opportunity for interaction and socialization with other children. ❖ Ages: 4-12 yrs ❖ Eligibility: Children must be able to participate in a 1:2 (staff: participant) ratio. ❖ Season: All year (based on registration numbers) ❖ Fees: \$40/ 4 weeks
 <p>Craftastic – Town of Aurora Stonach Aurora Recreation Complex</p>	<ul style="list-style-type: none"> ❖ 6 – 12 yrs

 <p>Town of Georgina - Clay Days</p>	<ul style="list-style-type: none"> ❖ 6-13 yrs
<p>Town of Georgina – Pint Sized Pottery Georgina Gym</p>	<ul style="list-style-type: none"> ❖ 6-13 yrs 
<p>Newmarket School of Fine Art</p> <p>Address: 611 Steven Court, Unit 1, Newmarket</p> <p>Contact: 905-836-1231 info@newmarketartschool.com</p> 	<ul style="list-style-type: none"> ❖ Art instruction for children, teens, adults, private art classes, birthday parties, summer and March break camps, PA Day programs. ❖ Programs include painting, drawing, cartooning, sculpting, watercolours, and mixed media. ❖ Ages: Child, Youth, Teen, Adult ❖ Eligibility: All abilities ❖ Support available: Yes when requested ❖ Camps: March Break, Summer, PA Day 

Basketball

<p>City of Markham – Wheelchair Basketball</p> <p>Address: Black Walnut Public School</p> <p>Contact: Marsha Mariani 905-477-7000 ext. 3930</p> <p>mmariani@markham.ca</p>	<ul style="list-style-type: none"> ❖ This wheelchair basketball program is aimed at beginner and intermediate players. ❖ During the 10 week session participants will focus on 30 minutes of instruction and 30 minutes of game play. ❖ Children's sport chairs will be available to use during the program. ❖ Ages: 6+ yrs ❖ Eligibility: all abilities ❖ Season: All year – program availability may change by season ❖ Fees: approx. \$51/10 classes 
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City of Vaughan – Active Play:
Wheelchair Basketball

Address: Vellore Village
Community Center

Contact: Mihaela Neagoe
905-832-2377 ext. 7405

Mihaela.neagoe@vaughan.ca

- ❖ Stay active, stay healthy! Participants with physical disabilities experience fitness, fun and friendship in a safe and welcoming community centre environment.
- ❖ Participants increase their level of physical activity playing wheelchair basketball.
- ❖ Ages: 18+ yrs
- ❖ Eligibility: All abilities
- ❖ Season: all year – program availability may change by season
- ❖ Fess: approx. \$80/ 10 classes



Town of Newmarket -
Wheelchair Basketball
Tim Horton's Gym



- ❖ Drop in
- ❖ Child/Youth: \$1.25
- ❖ Adults: \$2.25



Biking



Learn to Ride (Bike) –
Town of Georgina
Georgina Ice Palace



- ❖ 4-13 yrs/ 14 yrs. +

Xceptional BIKING – Laura Hunter's
STEPS Programs Inc.
Toronto Rehab Centre
345 Rumsey Rd.
Laura Hunter
Tel: (416) 771-2217
www.stepsprograms.com




- ❖ Our purpose is to introduce the concept of independent cycling for children and youth of all abilities through specialized instruction and in some cases adapted technology
- ❖ Sundays April – June
- ❖ \$296/8 sessions
- ❖ Private and Semi-Private



Cheerleading

<p>Cheerleading – Special Needs – City of Markham</p>	
 <p>Cheetahs Cheerleading – Newmarket</p> <p>Address: Unit #13, 1228 Gorham Street Newmarket, Ontario L3Y 8Z1</p> <p>Phone: 905-960-1167</p> <p>info@cheetahscheerleading.com www.cheetahscheerleading.com</p>	<ul style="list-style-type: none"> ❖ Cheetahs Cheerleading offers recreational and competitive cheerleading programs for athletes with different skills, abilities, and ages. ❖ Participants learn and enhance their skills in dance, tumbling, stunting and team building. ❖ Ages: 8+ years ❖ Eligibility: Developmental Disability/ All abilities ❖ Season: All year ❖ Fees: Yes

Cooking

 <p>CrEATing Health Habits – Vaughan</p>	<ul style="list-style-type: none"> ❖ Create healthy habits while making wholesome foods from cultures around the world! Participants have fun learning about healthy and active living through nutrition information and preparing their own food. ❖ Ages: 8-13 years ❖ Fees: Yes
 <p>Cooking – Fun in the Kitchen – City of Markham</p>	<ul style="list-style-type: none"> ❖ For more information, contact City of Markham Programs & Activities department
 <p>Cooking By Country – City of Markham</p>	<ul style="list-style-type: none"> ❖ For more information, contact City of Markham Programs & Activities department

Kitchen Talk – Adventures in Cooking and Speech-Language Therapy

Longo's Bathurst (Bathurst and Rutherford)

\$650-\$700/ 10 sessions

Tina Gasee, Speech-Language Pathologist

(905) 326-9616

tgasee@hotmail.com

- ❖ an innovative program which builds the communication skills of people with special needs through the motivating element of food. Communication & social skills training through cooking activities, fresh ingredients, delicious recipes & improved communication/social skills...



- ❖ Sundays
- ❖ School Age (7+) /Teen Group
- ❖ High Verbal Performance Group
- ❖ 1.5 hours/10 sessions
- ❖ 1 staff: 2 clients

Chef's Corner – Town of Newmarket

Recreation
Youth Center






- ❖ Participants will experience methods for independent cooking while learning about safety, presentation, etiquette and kitchen equipment.
- ❖ Participants will learn together and benefit from social time to enjoy the delectable delights they have created!
- ❖ Special dietary needs will be included in meal plans.
- ❖ 10 – 25 yrs
- ❖ \$148.03/ 9 classes
- ❖ Fall-Spring

Mini/Kid/Youth Chefs – Town of Georgina Georgina Ice Palace

- ❖ 3-13 yrs



Dance 	City of Vaughan - Drop in Dance	<ul style="list-style-type: none"> ❖ November – May, first Friday every month 7-9pm ❖ Ages: 14+ yrs ❖ Maple CC
	Town of Newmarket - Wheelchair Dancing Magna Center	<ul style="list-style-type: none"> ❖ Fall-Winter ❖ 10+ yrs
	Town of Georgina – Inclusion Dance Nights Sutton Arena Hall	<ul style="list-style-type: none"> ❖ 15 + yrs
Fitness 	Fit4Success	<ul style="list-style-type: none"> ❖
	Municipal Fitness Centers	<ul style="list-style-type: none"> ❖ Offer adapted training and specialized strength and cardio equipment for individuals with disabilities
	<ul style="list-style-type: none"> ❖ Shape Your Body (Fitness) – City of Vaughan ❖ Maple CC 	<ul style="list-style-type: none"> ❖ 13 + yrs.
	C.H.A.L.K.'s KidsWall – City of Vaughan	<ul style="list-style-type: none"> ❖ Ages: 4-6 yrs, 7-11 yrs
	On the Move – Town of RH	<ul style="list-style-type: none"> ❖
Gymnastics 	<p>Markham Gymnastics Club</p> <p>Address: 60 Riviera Dr, Markham, ON L3R 5M1</p> <p>(905) 475-0364</p> <p>www.markhamgymnasticsclub.com/</p>	<ul style="list-style-type: none"> ❖ Markham Gymnastics Club offers lessons in recreational programs through to National Stream Competition. Please contact for more information on programs for children with special needs ❖ Ages: 2+ yrs ❖ Eligibility: All abilities ❖ Season: All year ❖ Camps: Summer ❖ Fees: Yes

Hockey/ Sledge Hockey



Markham Islanders Sledge Hockey

Address: Play at R.J. Clatworthy Arena,
2400 John St., Thornhill

Contact:

info@islandersledgehockey.ca
www.islandersledgehockey.ca

- ❖ The Markham Islanders is a sledge hockey team for individuals with physical disabilities. They also have sleds, helmets and other hockey equipment for people that want to come and try it out at no cost.

- ❖ Ages: 5+ yrs
- ❖ Eligibility: All abilities
- ❖ Season: Fall/Winter
- ❖ Fee: Yes

Town of Georgina - Sledge Hockey Georgina Ice Palace

- ❖ Ages: 6+ yrs
- ❖ Drop-In

Newmarket Shredders Sledge Hockey – Town of Newmarket

Address: Magna Center, 800 Mulock
Drive, Newmarket

Contact: Pat McIntosh
905-953-5300 ext. 2710

pmcintosh@newmarket.ca

- ❖ The program includes practice evenings and pick-up and is open to players of all abilities. Equipment is provided.

- ❖ Ages: 9+ yrs
- ❖ Eligibility: All Abilities
- ❖ Season: Fall/Winter
- ❖ Fee: yes

Handcycling Club of Canada GTA www.handcycling.ca

- ❖ Local and national clubs
- ❖ All levels of ability welcome
- ❖ Social rides and races

Newmarket Night Hawks

Contact: Bob McKenzie
905-898-7451

b.mackenzie@sympatico.ca

<http://www.newmarket-nighthawks.com/>

- ❖ The Newmarket Night Hawks hockey teams are divided by ability, not age. New players are always welcome.






- ❖ Participants do not need to know how to skate, but full equipment is required.
- ❖ Ages: Children and adults
- ❖ Eligibility: Developmental disabilities
- ❖ Season: Fall/Winter

Canadian Electric Wheelchair Hockey Association


200 Yorkland Blvd., Suite 920
North York, ON
M2J 5C1
Mitchell Field Community Center
416-757-8544

info@cewha.ca
www.cewha.ca

- ❖ For individuals with limited upper body strength and/or mobility who use an electric wheelchair in daily living
- ❖ Ages 10-50+
- ❖ Weekends (Sept-May)

Horseback Riding 	See appendix: Horseback Riding	
Karate/Tai Chi/Yoga 	Pick Fitness/ Northern Karate Address: Thorhill, Markham, Richmond Hill Contact: (905) 597-3325 info@pickfitness.ca http://www.pickfitness.ca/	<ul style="list-style-type: none"> ❖ Pick Fitness offers karate and yoga classes for individuals with special needs. Ability Karate is a fun fitness and martial arts program developed especially for individuals with disabilities ❖ Age: 5+ yrs ❖ Eligibility: Physical or developmental disability ❖ Season: All Year
	City of Vaughan – Yoga with Parents Maple CC	<ul style="list-style-type: none"> ❖ Ages: 6+ yrs
	City of Markham – Adapted Yoga Address: Thornhill CC Contact: Marsha Mariani 905-477-7000 ext. 3930 mmariani@markham.ca	<ul style="list-style-type: none"> ❖ This yoga program is for children and youth with special needs. A trained yoga instructor will guide you through poses and stretches. <i>A parent or caregiver is required to assist during program.</i> ❖ Ages: 10-18 yrs ❖ Eligibility: All abilities ❖ Season: All year
Multisport 	FUNDamentals of Sports – City of Vaughan	
	Sportball	
	Play without Borders – Town of Newmarket	
	Inclusion Sports of All Sorts – Town of Georgina	
	Parasport	
	Special Olympics	
	Playball	



Music 	Music Therapy – Town of Aurora	
	Music Therapy – City of Markham	
	Let's Jam – Music and Creative Movement – City of Markham Sasha Brathwaite, Program Director 416-220-9801 letsjamprograms@gmail.com	<ul style="list-style-type: none"> ❖ Fun, hands on, promotes creativity, behavior regulation, redirection, relaxation and self confidence ❖ Special Needs Group Sessions ❖ Toddlers, children, teens, adults ❖ 1:8 support ratio ❖ 1:1 provided by caregiver/respice ❖ \$15 trial session
	Fast Fingers: Piano – City of Vaughan	
	New Song Music Therapy Thyra Andrews, BMT, MTA 416-799-0771 info@newsongmusictherapy.com www.newsongmusictherapy.com	<ul style="list-style-type: none"> ❖ Adaptive Music Lessons ❖ Basic Beats ❖ Drumming ❖ Music Therapy ❖ Individual/Small Group
	Cosmo School of Music	
	Tamara's Piano Studio	
	Music Therapy – Down Syndrome Association of York Region	
	Family Drum Circle – Town of Georgina	
Skiing/Snowboarding 	Ontario Track3 Ski Association	
	CADS	



Soccer



York Region Soccer
Association

- ❖ Supports special needs in each local municipality
 - Aurora Soccer Club
 - Markham Soccer Club
 - Vaughan Soccer Club
 - Newmarket Soccer Club
 - Richmond Hill Soccer Club

- ❖ Contact local club for details

Unionville-Milliken Soccer
Club
Milliken Mills Dome
7700 Kennedy Rd. Unionville
Amanda Weber
HL.admin@u-msc.com

- ❖ Must be physically capable of participating without serious medical condition
- ❖ 1:1 ratio
- ❖ \$60/11 sessions



**Social Skills (recreation based)/
Drop In Clubs**



Making Small Talk
14663 Woodbine Avenue
Gormley, Ontario

www.makingsmalltalk.com
info@makingsmalltalk.com
1-855-MST-4IBI (1-855-678-4424)

- ❖ offers a variety of services for children, adults and families who are in need of support including but not limited to ASD, ADHD, Learning Disabilities and Behavioural Issues

Finding The Way
2950 Keele St.
Suite 102 and 201
Toronto, Ontario

<http://www.ftwautism.com/default.html>
info@ftwlcacademy.com
647-347-6122

- ❖ IBI therapy, social skills programs, tutoring etc... for children on the Spectrum ages 2-14

Reena
927 Clark Avenue West,
Thornhill, Ontario

<http://www.reena.org/index.html>
info@reena.org
905-889-6484

- ❖ Day and after school programs, respite, weekend programs, Pathways (for transitional aged youth)

Geneva Centre for Autism
112 Merton Street,
Toronto Ontario

www.autism.net
info@autism.net
416-322-7877 or 1-866-436-3829

- ❖ Social and skill building groups for teens with Asperger's ages 12-18, Social and skill building groups for kids ages 4-18 with Autism, parent education, consultation for both Autism and Asperger's. Groups are in Toronto so families would need to be willing to travel.

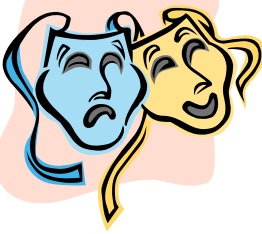

Asperger's Society of Ontario

<http://www.aspergers.ca/>
416- 651-4037

- ❖ Social skills programs for children and youth on the Asperger's end of the Spectrum. Often combined with a parent education component

	<p>Leaps and Bounds 11181 Yonge Street, Suite 317, Richmond Hill, Ontario</p> <p>www.leapsandboundsservices.com deanna@leapsandboundsservices.com 905-727-2273</p>	<p>❖ Social Skills, Education, Tutoring, IBI/Behaviour Management, ABA, Preschool, Respite, consultation</p>
	<p>Morneau Shapel 416-236-0026</p>	<p>❖ Social Skills Groups for children 3-13 years of age, Preschool, ABA, etc...</p>
	<p>Sunshine Learning Centre In home only- 5240 Main Street South Uxbridge , Ontario</p> <p>http://www.sunshinelearningcentre.com/index.html info@sunshinelearningcentre.com 647-725-2557</p>	<p>❖ ABA/IBI, Tutoring, Respite, Life Skills, all ages.</p>
	<p>Shining Through, centre for children with ASD 7365 Martin Grove Road Woodbridge, Ontario</p> <p>http://shiningthrough.ca/index.php info@shiningthrough.ca 905-851-7955</p>	<p>❖ ABA, Preschool programs, individual and group instruction, parent training, all ages.</p>
	<p>Kids Solutions 17817 Leslie St., Unit 12 Newmarket, Ontario</p> <p>www.kids-solutions.com inquiry@kids-solutions.com 905-235-4355 or 1-888-647-4798</p>	<p>❖ A variety of services including ABA, IBI, Social Skills groups, Anxiety groups, assessments, etc.</p>

	<p>Laura Hunter's STEPS Programs Laura Hunter</p> <p>www.stepsprograms.com 416-771-2217</p>	<ul style="list-style-type: none"> ❖ offers biking, summer camp, horseback riding, Real Life Program for teens, gym skills
	<p>Kitchen Talk – Adventures in Cooking and Speech-Language Therapy</p> <p>Longo's Bathurst (Bathurst and Rutherford)</p> <p>\$650-\$700/ 10 sessions</p> <p>Tina Gasee, Speech-Language Pathologist</p> <p>(905) 326-9616 tgasee@hotmail.com</p>	<ul style="list-style-type: none"> ❖ an innovative program which builds the communication skills of people with special needs through the motivating element of food. Communication & social skills training through cooking activities, fresh ingredients, delicious recipes & improved communication/social skills... ❖ Sundays ❖ School Age (7+) /Teen Group ❖ High Verbal Performance Group ❖ 1.5 hours/10 sessions ❖ 1 staff: 2 clients
	Youth Drop In – Town of RH	
	Circle of Friends – City of Vaughan	
	Connect – City of Vaughan	
	Hangin' Out Together Drop-in – City of Vaughan	
	<p>Friendship Circle – Town of Aurora Aurora Stronach Center West Mackenzie</p>	<ul style="list-style-type: none"> ❖ 6-12 yrs/ 18yrs+
	<p>Activities Club – Town of Aurora Aurora Public Library (Youth) Aurora Stronach Centre (Adults)</p>	<ul style="list-style-type: none"> ❖ Youth 13-17 yrs ❖ 18yrs +
	<p>Teen Social Club – Town of Newmarket Recreation Youth Centre</p>	<ul style="list-style-type: none"> ❖ 12-23 yrs.

<p>Theatre</p> 	<p>Behind the Line Drama – Special Needs – City of Markham</p>	
	<p>We Have Talent – City of Vaughan</p>	
	<p>The Canadian Children's Theatre Company</p>	
<p>Trampoline</p> 	<p>Airborne Trampoline</p> <p>Newmarket: 1166 Gorham St. Unit # 7 Newmarket, Ontario L3Y 8W4 Phone: (905) 836-9091</p> <p>Woodbridge: 171 Marycroft Ave. Woodbridge, ON L4L 5Y3 Phone:(905) 850-8477</p>	<ul style="list-style-type: none"> ❖ Special Needs Weekdays ❖ Special Needs Class - Sundays ❖ Tues-Thurs: 11:00am ❖ \$140/10 weeks ❖ Open Jumping - \$10/person/hour ❖ \$30 fee to Gymnastics Ontario Membership/year



York Region Recreation Funding Options

Funding Options:

★ Registration	★ Support worker	★ Equipment	★ Camp Fees
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Organization	Eligibility	Contact
Municipality Fee Assistance Programs Community Services Departments often offer financial assistance for participation in their community programs and camp for families in financial need <ul style="list-style-type: none"> Eligible programs vary by municipality ★★	<ul style="list-style-type: none"> Children and adults Must be municipal program Must provide proof of residency for local municipality Must provide proof of income 	Applications available at your local community center, online and from your municipal Community Coordinator **Ask for information on fee assistance programs** Vaughan (RecAssist): 905-832-8500 Markham: 905-475-4731 Richmond Hill: 905-884-0855 ext. 224 Georgina (Georgina Cares): 1-289-338-3863
Canadian Tire Jumpstart Canadian Tire Jumpstart provides funding for children in financial need to participate in organized sport and recreation programs. <ul style="list-style-type: none"> Application must be approved <i>prior</i> to program registration Will cover recreation and camp registration costs, equipment and/or transportation costs ★★	<ul style="list-style-type: none"> Activity must be at least 80% physically active Ages 4-18 Financially in need (must be ready to provide financial information) Must provide details about sport or program your child is participating in Applications received twice/year: fall/winter and spring/summer 	Phone: 1-8777-616-6600 Email: Canadiantirejumpstart@cantire.com Website: www.canadiantire.ca/jumpstart Application must be completed. *Local Jumpstart Coordinators are often housed with Municipal Community Coordinators. Contact your local Community Coordinator for Jumpstart applications and information.



<p>Easter Seals Recreational Choices Program</p> <p>Easter Seals can provide up to \$250 per child, per year for a recreational experience in Ontario (ie. Camp, program, swimming, etc.).</p> <ul style="list-style-type: none"> • Applications are available mid-December online • Processed on a first-come, first-serve basis • Cannot attend Easter Seals camp and receive Recreation Choices funding simultaneously <p>★ ★</p>	<ul style="list-style-type: none"> • Ages 5-18 • Physical Disability • Must be registered with Easter Seals (registration forms can be sent in at the same time at funding application) – <i>not the same as receiving the Incontinence Supply Grant</i> • Not attending an Easter Seals Camp 	<p>Phone: 416-421-8377 Email: info@easterseals.org Website: www.easterseals.org</p> <p>Applications available online in December</p>
<p>Ontario Federation for Cerebral Palsy – Activity Funding Program</p> <p>Provides financial support to persons with Cerebral Palsy to participate in day programs and recreational activities of their choice.</p> <ul style="list-style-type: none"> • Applications received Sept 1st – June 1st or until all funds have been allocated • Grants up to \$1000 • Will fund community activities and recreation, attendant care, tutoring, transportation, camps, vacations, equipment <p>★ ★ ★ ★</p>	<ul style="list-style-type: none"> • All ages • Must be Individual Member of OFCP (Membership forms can be sent at same time as Activity Funding application, membership is one-time fee of \$10) • Be prepared to provide details about program • May be asked financial information 	<p>Phone: 416-244-9686 ext. 223 or 1-877-244-9686 ext. 223 Email: activity@ofcp.ca Website: www.ofcp.ca</p> <p>Applications available online in September</p>



<p>KidSport Ontario Kidsport provides subsidies for sport programs to children in financial need. Grants range from \$50-\$250/year and go towards registration and/or equipment costs.</p> <ul style="list-style-type: none"> Applications must be submitted 45 days prior to activity start date <p>★ ★ ★</p>	<ul style="list-style-type: none"> Up to 18 Financial need – must be prepared to provide financial information Program must be organized sport activity – be prepared to provide details about program 	<p>Phone: 1-866-641-7767 or 416-426-7177 Email: Ontario@kidsportcanada.ca Website: www.kidsportcanada.ca</p> <p>Applications available online</p>
<p>Autism Ontario One-to-One Support Worker Reimbursement Fund The One-to-One Support Worker Reimbursement Fund is available to Ontario families of children or youth with ASD who retain the services of a one-to-one support worker for their child to attend a community summer camp or summer program</p> <ul style="list-style-type: none"> up to \$600 for services between June 30th and August 29th Applications available in <i>April</i> Deadline is <i>end of May</i> Lottery system <p>★</p>	<ul style="list-style-type: none"> Ages: up to 18 Must have a diagnosis of ASD and provide evidence from a professional who is qualified to make diagnosis 	<p>Phone: Ginny - 416-246-9592 ext. 225 Email: ginny@autismontario.com Website: www.autismontario.com</p>



<p>Autism Ontario March Break Reimbursement Fund The March Break Reimbursement Fund is available to Ontario families of children or youth with ASD who retain the services of a one-to-one support worker OR who have paid for their child to attend a March break camp or program, but not both</p> <ul style="list-style-type: none"> • up to \$350 • Applications available in <i>December</i> • Deadline is <i>mid- January</i> • Lottery system <p>★ ★ ★</p>	<ul style="list-style-type: none"> • Ages: up to 18 • Must have a diagnosis of ASD and provide evidence from a professional who is qualified to make diagnosis 	<p>Phone: Ginny - 416-246-9592 ext 225 Email: ginny@autismontario.com Website: www.autismontario.com</p>
<p>Kerry's Place Respite Flex Funding Families of children with ASD can apply for funding to help cover the costs of respite workers, camp fees and recreation programs or social groups</p> <ul style="list-style-type: none"> • Applications available January 1st online • Deadline is <i>Mid-February</i> • Funding is on a yearly basis <p>★ ★ ★</p>	<ul style="list-style-type: none"> • Up to age 17 • ASD diagnosis 	<p>Central East Region Sue Townsend Phone: 905-713-6808 ext. 360 Email: cerespiteapplication@kerrysplace.org Website: www.kerrysplaceautismservices.org</p>
<p>AMICI Camping Charity Provides funding to families who don't have financial means to provide their child with a summer camp experience</p> <ul style="list-style-type: none"> • Families must contribute minimum of \$60 to camp fee <p>★ ★</p>	<ul style="list-style-type: none"> • Ages: 7-16 • Must be an overnight camp that is accredited with Ontario Camping Association • Financial need 	<p>Phone: 416-588-8026 Email: info@amicicharity.org Website: www.amicicharity.org Applications available online Contact Charity Directly or contact Camp Director for accredited Ontario Camping Association camp</p>





<p>Kids in Camp Kids in Camp is a registered charity which subsidizes camp experiences for children and youth. We are dedicated to assisting families, who otherwise would not be able, to send their kids to camp</p> <ul style="list-style-type: none"> • Only applicable to specific Ontario Camping Association accredited camps • Camp directors submit applications on camper's behalf • Funding is distributed early in new year! <p>★ ★</p>	<ul style="list-style-type: none"> • Under 18 years old • Financial Need • Must be a selected OCA accredited camp 	<p>Phone: 416-421-8377 Email: info@kidsincamp.com Website: www.kidsincamp.com</p> <p>Contact camp Director who will apply for funding on the camper's behalf</p>
<p>Summer Dreams Summer Dreams assists individuals and agencies in Ontario who need financial assistance in sending children to Ontario Camps Associations accredited summer camps.</p> <ul style="list-style-type: none"> • Application deadline is March 1st <p>★ ★</p>	<ul style="list-style-type: none"> • Up to age 18 • Financial need • Must be an OCA accredited camp 	<p>Phone: 416-363-3351 Website: www.summerdreams.ca</p> <p>Connect with OCA accredited camp Director for more information on Summer Dreams funding.</p>
<p>Chai Lifeline Canada Chai Lifeline Canada addresses the social, recreational, and psychological needs of families of children with serious illness. The organization also funds trips and family retreats for children and youth with chronic or serious illness</p> <p>★ ★ ★</p>	<ul style="list-style-type: none"> • Families of children with serious illness 	<p>Phone: 647-430-5933 Email: mrothman@chailifeline.org Website: www.chailifelinecanada.org</p>



Holland Bloorview Family Support Fund This fund was created to support Bloorview clients and families who need financial help to support the health and well-being of their family. Funding allocations are based on the physical safety for the child, stress on the family and financial need 	<ul style="list-style-type: none"> • Up to age 19 • Registered Holland Bloorview client • Physical or developmental disability 	Nancy Dyke Administrative Assistant Phone: 416-425-6220 ext 6303 Email: ndyke@hollanbloorview.ca Website: www.hollandbloorview.ca/resourcecentre/communityresources/funding.php Application available online
President's Choice Children's Charity Helps children with physical or developmental disabilities pay the costs of mobility equipment, home capital, respite care, developmental and physical therapy and accessible vehicles <ul style="list-style-type: none"> • Camp and recreation would be covered under "respite care" 	<ul style="list-style-type: none"> • Up to age 18 • Physical or developmental disability • Financial need (household income \$70 000 or less) • Can only apply once every 5 years 	Phone: 1-877-525-4762 Email: pcccharity@loblaw.ca Website: www.presidentschoice.ca/LCLonline/aboutUsCharity.jsp Application available online
Jennifer Ashley Foundation Assists seriously ill children and their families with special treatment needs, medical expenses, and financial assistance in times of need 	<ul style="list-style-type: none"> • Under 21 years • Serious illness or permanent disability • Resident of Ontario • Financial Need (combined household income of \$60 000 or less) • Can only apply once every 5 years 	Phone: 1-905-852-1799 Website: www.jenash.org



Government Funding that can be applied to Recreation Programs/Respite

York Region PLAY program Positive Leisure Activities for Youth (PLAY) can offer financial assistance to York Region families for recreation, sport programs and summer camps 	<ul style="list-style-type: none"> Ages 4-18 Single parents receiving Ontario Works Rent-Geared to income tenant Receive Child Care Fee Assistance (with family income below \$36,000) 	Lisa McElroy – Community Program Coordinator – Social Services Branch Phone: 1-888-703-KIDS(5437) opt. 6 Email: lisa.mcelroy@york.ca Website: www.york.ca
Children's Fitness Tax Credit All children age 16 and under are eligible for up to \$500 Fitness Tax Credit Claim for participation in (qualifying) recreation programs that promote health and fitness. Children with disabilities (who receive the Disability Tax Credit) age 18 and under are eligible for an additional credit claim of \$500, for a total of up to \$1000 Fitness Tax Credit Claim each year	<ul style="list-style-type: none"> Up to age 16 Up to age 18 for children with disabilities 	Phone: 1-800-387-1193 Website: www.cra-arc.gc.ca Claim tax credit on income tax return
Special Services At Home (SSAH) This program helps families who are caring for a child with a developmental or physical disability. The family can use the funding to hire a worker to help the child learn new skills, or to pay for respite programs **New applications are placed on a waitlist – it would be to your advantage to apply as soon as possible 	<ul style="list-style-type: none"> Up to age 18 Physical or developmental disability Child is not receiving support from a residential program 	Phone: 416-325-0500 Website: www.children.gov.on.ca Application



<p>Assistance for Children with Severe Disabilities (ACSD) Assistance for Children with Severe Disabilities Program helps parents with some of the extra costs of caring for a child who has a severe disability</p> <ul style="list-style-type: none"> • Can be applied towards camp fees <p>★ ★ ★</p>	<ul style="list-style-type: none"> • Parent or legal guardian of a child who is under age 18 • Child lives at home • Has a severe disability 	<p>Phone: 1-866-821-7770 Website: www.children.gov.on.ca</p> <p>Contact your local regional office for application forms</p>
<p>Additional Tips:</p> <ul style="list-style-type: none"> • Ask the director of the recreation program to find out if they can help with costs – they may have in-house subsidies or discounts, such as a discount when more than one child in a family attends a program, or a second week of support for free when registering for more than one week. • Contact local service clubs such as the Rotary, Kiwanis, or Lions Clubs. Local clubs may be able to fund recreation programs and equipment 		



Transportation Listings

Company	Phone Number	Comments
<p>ADAPT (Association of Differently Able People Together) 194 Eagle Street, Newmarket, ON</p>	<p>905-868-9523 Contact- Charlie</p>	<p>-Mon-Fri 8:00am-12:00pm, Vans on call daily 24hrs -Serves eligibility seniors, disabled people; operated 5 wheelchair vans 7 days per week, day and night for transportation throughout York region and beyond -self referral, no medical certificate required Website : http://www.adaptontario.com</p>
<p>AVS (Accessible Vehicle Services Inc.)</p>	<p>416-744-9991 1-877-556- 9991</p>	<p>-Specializes in charter, VIP, van transportation, rehabilitative Transportation and wheelchair transportation -Drivers are licensed and trained to transport customers with special needs and disabilities; drivers are trained in CPR also. - http://accessiblevehicleservices.com/</p>
<p>Burt's Transportation Service Ltd.</p>	<p>416-663-7433 1-877284- 7433</p>	<p>-Hours: 7:00am-5:00pm Located in Vaughan, serves Newmarket area - Specialized shuttles (point-to-point), regular ambulatory transport, all types/sizes of wheelchairs, stretchers, company staff and family/friends ride along -Website: http://www.thebtsnetwork.com (forms and quotes are available on their website)</p>
<p>Dignity Transportation Inc. (100 Hanlan Road, Unit 3 - Ground Vaughan, Ontario)</p>	<p>1-416-398- 2222 1-866-398- 2109</p>	<p>-Serves Toronto and GTA, services can be pre-booked via phone/website;-inclusive of accessible vans, buses, limos, sedans -Website: http://www.dignitytransportation.com</p>
<p>GO Transit- East Gwillimbury GO Station 845 Green Lane E, Newmarket, ON (Intersection of Main St. and Green Lane E.)</p>	<p>416-869-3200 1-888-438- 6646</p>	<p>-Wheelchair accessible stations, trains and buses -Hours: Mon-Fri 6:00am-7:45 am for ticket sales; -Train and bus station on Ontario's public transit system linking Toronto and the GTA Website: http://www.gotransit.com</p>

<p>Mobility Plus- York Regional Transit (50 High Tech Road, 5th Floor, Richmond Hill, ON)</p>	<p>905-732-2112 1-866-744-1119</p>	<p>-Hours: Mon-Fri 8:30am-4:30pm; Call center Mon-Fri 6:00am-Midnight; Sat 6:00am-10:00pm; Sun and Holidays 8:30am-10:00pm -Door to door accessible public transit service for people with disabilities -MyRide travel training program connects people with information about riding TYR/Viva conventional transit services (for more info on MyRide, call 905-762-1282 ext. 5826) -Website: http://www.yorkregiontransit.com</p>
<p>Ontario Ministry of Transportation; Driver and Vehicle Licence Issuing Office 17490 Yonge St, Unit C9, Newmarket, ON</p>	<p>905-895-5009 1-800-387-3445</p>	<p>-Hours: Mon-Wed and Fri 9:00am-5:00pm; Thurs 9:00am-7:00pm; Closed Holidays and Weekends -Disabled parking permit forms; driver's license and plate renewals; vehicle and plate transfers; address changes; Website : http://www.mto.gov.on.ca</p>
<p>Royal Taxi 9078 Leslie St., Richmond Hill, ON</p>	<p>1-416-777-9222 (general) 416-955-0564 (to request wheelchair accessible vehicle)</p>	<p>-Operates 24hrs/day with 40 wheelchair accessible vehicles catering to people with special needs; booking at least 24hrs in advance is recommended -Offers Monthly Billing -Accessible vehicles include: Low access floors, Rear Cabin heat and air conditioning, automatic air-suspension , dual ramp access (additional ramp on driver's side), two way radio communications -Website: http://www.royaltaxi.ca</p>
<p>WheelChair Accessible Transit Inc.</p>	<p>416-884-9898 1-877-225-2212</p>	<p>-Service throughout GTA; provides accessible taxis, vans, and school buses - Accessible buses ensure friendly and efficient door-to-door service, and that students arrive at school in a safe and timely manner - Vans accommodating anywhere from one to six wheelchairs and any family or friends that hope to accompany the passenger -Advanced booking is recommended -Website : http://www.wheelchairtransit.com/</p>
<p>Wheels on Wheels Transport WOW 3 Myron, Stouffville, ON</p>	<p>905-640-8444 Contact-Ramy</p>	<p>-Only serves students connected with York Region School Boards -Provides rides to and from school</p>

Additional Resources

Recreation:

- [Ability Online](#) – a secured and monitored online environments for kids of all abilities to connect with others who share a similar journey.
- [Access2Entertainment](#) - Support workers receive a pass to Access entertainment venues at minimal to no cost when attending with an individual with a disability; can be for parents, siblings, workers, etc.
- Bridging the Gap – Ontario Wheelchair Sports Association – sport wheelchair loan program for recreation programs, municipalities, schools, organizations, etc.
- [Disability Travel Card](#) - Support workers can travel free with selected provides (Greyhound, ViaRail) in Canada when accompanying an individual with a disability
- [Ontario camps search engine](#) – Online Search Engine for Ontario Camping Association, has a special needs filter so you can easily sort through camps that are specialized to accommodate your child's needs and diagnosis
- www.respiteservices.com – online respite registry for families and support workers (CHAP workers)

Agencies:

- Children's Treatment Network ACCESS:
 - 1-866-377-0286
- Early Intervention Services:
 - 1-888-703-KIDS (5437)
- York Support Services Network ACCESS:
 - 1-888-695-0070
- Kerry's Place Autism Services
 - 905 841-6611
- Community Living
 - Georgina: 905 772-8947
 - Newmarket/Aurora: 905 898-3000
 - York South: 905-884-9110
- Canadian Mental Health Association – York Region
 - 905 841-3977
- Respiteservices.com – York Region
 - Karen Delong: 905-898-6455 ext. 2247





Appendix: Horseback Riding

C.A.R.D

Location: 4777 Dufferin St, Toronto
416-667-8600 info@card.ca www.card.ca

Giddy Up-Steps Program

Location: 4852 Vandorf Rd, Stouffville
416-771-2217 laura@stepsprograms.com www.stepsprograms.com

KR Equestrian

Location: 5378 Highway 9, Schomberg
647-727- 0593
Kate – Director: 416-995-3842 kr@krequestrian.com www.krequestrian.com

Horses at Heart

Location: 17900 Dufferin St. Newmarket, ON L3Y 4V9
(905) 898-3201, Email: info@horsesatheart.com <http://www.horsesatheart.com/>

Eaglewood

Location: 9715 Morning Glory Rd, Pefferlaw
705-437-1634 eaglewd@ils.net www.eaglewood.on.ca

Windreach Farm

Location: 312 Townsline Rd, Ashburn
905-655-5827 , Stables phone line: 905-665-5827 x 221
stables@windreachfarm.org www.windreachfarm.org

York Region Therapeutic Riding

Location: 4910 18th Side Road, Schomberg
905- 806- 0743 yorkregiontherapeuticriding@gmail.com
www.yorkregiontherapeuticriding.com

Wake Robin Farms

Location: 5021 Vivian Road, Cedar Valley
416-526-1298 www.wakerobin.ca

Dreamwinds Equine Assisted Learning Centre

Location: 2800 Line 10 RR#2, Bradford
Tracey Evans – Owner/Program Director – 289-231-6775
tracey@dreamwinds.ca www.dreamwinds.ca

Recreation Programmer Contacts

Town/Program	Contact Name	Phone Number	Email
Town of Markham	Marsha Mariani	905-477-7000 x 3930	mmariani@markham.ca
Town of Richmond Hill	Kerry-Lynne Devries	905-884-0855 x 226	kerry-lynne.devries@richmondhill.ca
Town of Aurora	Franco Demarco	905-727-3123 x 3121	fdemarco@aurora.ca
Town of Stouffville	Micole Ongman	905-640-1910 x 2323	micole.ongman@townofws.ca
Town of Newmarket	Pat McIntosh	905-953-5300 ext 2710	pmcintosh@newmarket.ca
City of Vaughan	Mihaela Neagoe	905-832-2377 x 7405	mihaela.neagoe@vaughan.ca
Township of King	Chris Fascioni	905-833-5321 x 5321	cfasciano@king.ca
Town of East Gwillimbury	Kevin MacKinnon	905-478-4282 x 236	kmackinnon@eastgwillimbury.ca
Jericho Youth Services	Lindsey Jones	905-722-5540 x 105	jerichoys@sympatico.ca
Town of Georgina	Winter Mitchell	905-476-4301 ext 313 or 375	wmitchell@georgina.ca
Camp Kettleby Valley	Peter Truman or Midori	905-726-4275	oe@kettlebyvalley.com
Seneca Day Camp	Jennine Ylitalo	416-491-5050 x 55024	King.daycamp@senecac.on.ca
Camp Robin Hood	Sari Grossinger	416-736-4443	sari@camprobinhood.ca
Camp Green Acres	Lori	905-887-1400	lori@campgreenacres.com
Giddy Up – Laura Hunter	Laura Hunter	416-771-2217	laurahunter@zing-net.ca