



## Steps to Transition to Adulthood

### Age 14:

- Apply for the Disability Tax Credit (Federal Form T2201) with the CRA.  
You may be eligible for a significant rebate by re-filing previous year's tax returns once your certificate is on file
- Open and contribute to a Registered Disability Savings Plan (RDSP).  
The Government of Canada contributes through matching grants and bonds.
- Apply for a Social Insurance Number (SIN) [www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)  
Needed to have access to government programs and benefits
- Ensure a psychological assessment has been completed including Cognitive and Adaptive Functioning Scores  
This is required for application to Developmental Services Ontario (DSO) at age 16 to secure Developmental supports and services as an adult
- Consider applying for a Mobility Transit Pass
- Transition meetings should take place every school year  
Transition meetings are an important way to learn about future supports, funding sources, applications and other relevant resources/services

### Age 16:

- Make application to Developmental Services Ontario (DSO) 1-855-277-2121  
DSO will determine eligibility for supports and services upon completion of high school
- Apply for an Ontario Photo Card [www.ontario.ca](http://www.ontario.ca)  
[Used for identification for individuals who do not have a driver's license](#)
- Doctor and Dentist: If they only serve children, look for medical professionals who serve adults

### Age 17:

- 6 months before the student's 18<sup>th</sup> birthday, contact Ontario Disability Support Program (ODSP) office in order to apply for Income support  
Application can be made by phone or online [www.mcscs.gov.on.ca](http://www.mcscs.gov.on.ca)
- Open a joint bank account with your child

### Age 18-19:

- Apply for the GST/HST credit on income tax to receive the first payment one month after the 19<sup>th</sup> birthday [www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)



- Request the DSO Supports Intensity Scale Assessment (SIS) be completed within the school and include teaching staff (this should be completed prior to 18<sup>th</sup> birthday)
- Consider banking the board and lodging portion of the ODSP.  
Use these funds toward the cost of living after high school

### **Age 20-21:**

- Transition planning meetings may occur more frequently during the last year of school to ensure a smooth transition from high school