### **RESOURCES AND**

## **Peer Support for Families of Persons** with a Developmental **Disability**



#### **Webinar Description:**

Peer support is a way for families and caregivers to find help and support from others in their community with a similar and/or shared experience. Peer Support offers an opportunity to share information and build connections for your well-being and that of the person you support. This webinar will feature a panel of family caregivers who support individuals with developmental disabilities. They will share their experiences seeking out peer support through Family Support Networks, starting their own Family Support Networks, and the overall benefits of peer support.

Join us to learn about:

- Peer Support and its benefits
- Family Support Networks and how to connect with one in your community
- Personal stories on why seeking and providing peer support is beneficial

#### **Our Speakers:**

Clovis Grant and Sherron Grant, Founders of Sawubona Africentric Circle of Support, a family support network for Black families supporting and raising Black children and adults with a disability.

Betty Daley, President, Family Alliance Ontario **(FAO)**, a family-based non-profit organization dedicated to supporting and representing thousands of families across Ontario who support a person with a developmental disability.

**Kim Guillemette** is a busy and proud working mother to three boys who will share her experience and appreciation of the value of peer support.

Date: Thursday, October 13, 2022

Time: 7:00 pm - 8:00 pm ET

Place: Zoom (link provided via email

to those who register)

#### Free

- Please note that this presentation is available in English only.
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#### Family Alliance Ontario:

https://family-alliance.com

Sawubona Africentric Circle of Support:

https://www.sawubonaacs.org

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