

# NBS Adaptive Dance Program Summer Programming

CANADA'S  
NATIONAL  
BALLET  
SCHOOL  
Sharing Dance

Lozinski Centre for  
Community Dance

## Dance with us this Summer!

When: July 28th-31st

Where: Canada's National Ballet School, 400 Jarvis

**Half-Day Discovery Days Program: 9:00-11:30am**

**This is a unique program designed for dancers requiring 1:1 support to attend with a parent, guardian, or caregiver.**

We will be offering our Discovery Days summer programming from Monday July 28th - Thursday July 31st. Participants have the opportunity to join us for 1, 2, 3 or 4 days of programming, with each day offering different activities.

This program aims to create an inclusive environment where dancers and their guardians can explore creative expression through art forms such as dance, music, and arts and crafts.

**Creative Dance Camp: 9:00am-3:30pm**

**Optional before care will be available daily from 8:30am-9:00am, and after care from 3:30pm-4:00pm.**

**This camp is designed for dancers with diverse physical, sensory and developmental needs who are working towards sustained independence.** Similar to our Creative 2 programming during the year, dancers will not be provided a designated 1:1 with them each day; instead they will be supported by a resource team with a roughly 4:1 ratio.

All camp offerings have been designed to be engaging, inclusive, and accessible. Dancers will have the opportunity to collaborate and create with their peers while participating in dance classes, music sessions, arts and crafts, and outdoor activities.



**Please note all summer programming and camp will be facilitated by our education team, Occupational Therapist and Neurologic Music Therapist**

Please direct all inquiries to [adaptivedance@nbs-enb.ca](mailto:adaptivedance@nbs-enb.ca)



Thank you to the generosity of our partners and donors for supporting this program

Lozinski Centre  
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Dance at NBS,  
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Joan & Jerry Lozinski

**CIBC**  
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Thank you to our Generous Supporters of Adaptive Dance:

J.P. Bickell  
Foundation

The LesLois Shaw  
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The Harry E. Foster  
Charitable Foundation

Program developed in consultation with:

**Holland Bloorview**  
Kids Rehabilitation Hospital

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## Adaptive Dance Leaders in Training 'LIT's'

The Adaptive Dance Leaders in Training Camp will provide the opportunity for individuals with diverse physical, sensory and developmental needs ages 18+ to take on a leadership role within our summer programming. This program will be run by our Dance Educators and Occupational Therapist and best suited for participants who are working on sustained independence. Through dance classes, music classes, arts & crafts, facilitated discussions, and peer networking, we hope to empower and support our dancers in taking on leadership roles now and into the future.

Participants will have the opportunity to work with younger campers in a leadership capacity and will have the opportunity to transition from a camper participant to a leader in this space. Dancers in this camp will be required to bring a daily snack, lunch and refillable water bottle. Upon completion of the Adaptive Dance Leaders in Training Camp, leaders will receive a letter confirming 40 hours of volunteer service and a personal reference letter.



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**Time: 9:00am-3:30pm**

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**Where: Canada's National Ballet School**



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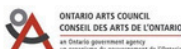
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