



Webinar Registration Now Open!



Focus on Families - All About Respite

Join Family Peer Mentor, Cindy Hartman and Bridge Coordinator, Ariela Koldorf from Your Support Services Network (YSSN) for this impactful webinar about respite and caregiver burnout.

This session will explore:

- Caregiver burnout and how respite can help
- Where to find respite care
- How to access funding
- Thoughts and emotions when considering respite care



Wednesday, Oct. 7, 2026 from 12 to 1 p.m. via Zoom



To register, complete the [Focus on Families Registration Form](#) or scan the QR code.

If you have any questions, email Niki at nhuxtable@ctnsy.ca or call 647-549-0309.
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