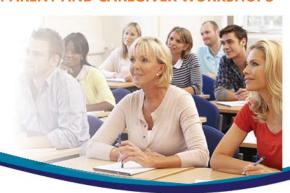
## **PARENT AND CAREGIVER WORKSHOPS**



# **AUTISM SERVICES**



# Managing Meltdowns and More – Cantonese Workshop

Fall 2019. Registration now open!

Let's add to your managing challenging behaviours toolkit! This workshop will go over the basics of behaviour, answering questions like: what is behaviour, why is my child engaging in challenging behaviour, and how can I best support my child when they are engaging in this behaviour? Utilizing a hands-on approach, participants will learn how to identify behaviours that you want to change, the power of reinforcement and how to develop a plan to increase or decrease these behaviours. Participants will leave this workshop with a variety of tips and strategies to feel confident in addressing and managing challenging behaviours.

Participants will have the opportunity to connect with other Cantonese-speaking families, ask questions, and share experiences. See below for additional details.

#### Fall 2019

DATE & TIME	ADDRESS
	Kinark Child and Family Services:
Tuesday October 22	600 Alden Road
9:30 am – 12:30 pm	Suite 210 – Training Room
	Markham, Ontario L3R 0E7

### Cost and Payment Information:

- \$75.00
- Refunds subject to \$25.00 processing fee. No refunds available with less than 48 hours' notice

To register for one of these Cantonese Workshops or for more information about Autism Services, please contact one of our Chinese representatives!

Leave a message by calling **1-800-283-3377** or contact us by emailing **autisminfo@kinark.on.ca**.