

Fun with Food ™: Play Based Feeding Group Therapy

Group Aim, Content, and Participants

This group aims to provide young children with exposure to different foods. Using principles and activities from the Sequential Oral Sensory (SOS) Approach to Feeding, participants will play and interact with food in fun and creative ways, becoming food scientists and detectives. Evidence suggests that play experiences can lead to tolerance which in turn often results in 'trying,' and eventual eating.

This program will be in person at Boomerang Health. The group is facilitated and led by a Registered Occupational Therapist.

Group Information

Duration

60 minutes

Length

7 weeks

Cost*

\$525

Cost includes fresh fruits, vegetables and snacks.

Dates and Time **

Saturdays from April 13 to June 1, 2024 (10:15am – 11:15am)

- *Check with your insurance provider for coverage.
- **Excluding May 18, 2024 due to the Victoria Day Long Weekend

For more information, please contact groups@boomeranghealth.com.

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9401 Jane Street, Suite 211 Vaughan, Ontario, L6A 4H7 (905) 553-3155 info@boomeranghealth.com www.boomeranghealth.com